

HUMAN SCIENCES AND TECHNOLOGIES ADVANCED RESEARCH INSTITUTE

#### Can Games Change Energy Behavior and Reduce Consumption?

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June Flora H-STAR Institute Dante Anderson Seriosity, Inc.



- A 10% reduction in energy use will lower the quantity of fossil fuels consumed by an amount roughly equal to a 25-fold increase in wind plus solar power, or a doubling of nuclear power (Sweeney, 2007).
- This opportunity involves behavior change
- The engine of behavior change is information





### **The Problem**

- Billions spent gathering information
  - Smart sensors and infrastructure
  - Tons of information
- But energy information is dull
  - Complex UI's
  - Problems are distant
  - Feedback separated from behavior
  - "What I get" not obvious (even \$)































### A new gamer generation

- Marvel's The Avengers
  - \$207.4 million for opening weekend (3 days)
- Call of Duty: Modern Warfare 3
  - \$400 million (6.5 million copies) in 24 hours
  - "biggest entertainment launch in history"
- World of Warcraft
  - 11 12 million subscribers paying \$15/month
  - Over \$10 billion in sales over 7 years











 A new wave of research is focusing on how games satisfy basic psychological needs



Figure 1 Single episode general aggression model.

 How games peak arousal and attention to keep us engaged













- Increasing attention to serious games
  - IBM, State Farm, P&G, Microsoft, military, security, education, health
- Games work in serious contexts
  - Health, business productivity, learning





Work and play are not opposites



## The Idea

- Use successful ingredients from games:
  - Self representation; feedback; community connections, ranks and levels; teams; virtual economies; compelling narrative
- Make a multiplayer game that connects home smart meters with game play
  - Track energy use
  - Feedback displays in game
  - Links to social networks and mobile devices







# **Guiding concepts**

- Mix real and virtual
  - House and real behavior as joystick for game play
- Build professional games introduced at scale
  - Dept. of Energy ARPAe
  - Seriosity, Inc. & KUMA Games
- Fit current game trends
  - Farmville
  - Facebook
- Stay true to game sensibilities!
  - Even though the game goals are serious
  - Fun, multi-period, rewards, teams, feedback...



Username:	Password:	Login <b>f</b> Connect
Participant of the series o	<image/>	<image/>

A social game promoting energy conserving behaviors







Welcome to the Dashboard energytest2@test.com View/Edit Profile Details		STANFORD UNIVERSITY Seriosity	A Y S
Score What is this?	0	Saving the planet, one game at a time	
		What's Happening in the Game	Show
Play Game		What's Happening in your Game	
Highest Game Score How do I play?	0	View: Home Energy Use Game Tachometer Table View	SMART METERING ON
Upgrade my House		Game Bonus Calculation	Bonus
Upgrade Bucks What is this?	0	Saving electricity in your REAL home helps you in the Game! The more energy you save at home, the bigger your red line number in the game	Blackout
Challenge a Friend What is this?		tachometer making the game more fun to play and easier to earn higher scores.	
		Real-Life Home Energy Use	
R-LEA Bonus Points What is this?	0	Average Daily Usage: 43.179 kWh Yesterday's Usage: 36.380 kWh Equal Percentage Savings: 15.70%	
		Earns Game Bonus	
Launch Market Place		Today's Red Line Bonus: +1000 Wh	
Carbon Offsets What is this?	0	Bonus Allocation	
ACHIEVEMENTS 0/100		*Start Value: 8000 Wh (8 kWh) negative savings: 0 Wh 0 to 5% savings: 250 Wh 5% to 10% savings: 500 Wh 10% to 15% savings: 1000 Wh 15% to 20% savings: 1500 Wh 20% or better savings: 2000 Wh	
		Real-Life Energy Action Challenges	Show
		MarketPlace	Show
	Jasle 1		





	How many hours a day would you need to cut down on your heating or cooling to produce a 10% - 15% energy savings each year?	
	8 hours 12 hours 18 hours	
the second		
LEVEL 1: Real Life Energy Action		







- 85% of players report they would likely continue playing
- Getting measureable change in real energy behavior



- Approach household energy behavior through family "gatekeeper"
- Compare household energy consumption of players to that of nonplayers
- "The medicine works"
  - Can we tease out **what particular ingredients** contribute the most?
  - Gameplay, informational surveys, challenges

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