

### Vermontivate!

Fun! Flexible! Philosopher's Stone?

Nick Lange Co-Crafter ACEEE: Behavior Energy and Climate Change, Sacramento, CA, Nov 12<sup>th</sup>, 2012



## **Introduction-VEIC**

- 501(c)(3), private, non-profit corporation founded 25 years ago
- Mission:

#### Reduce the economic and environmental costs of energy use

- Provides energy efficiency and renewable energy consulting and implementation services at the national and international levels
  - 250+ employees, ~\$80 million annual revenue, DC, VT, MA, NJ, OH

#### **Principles**

#### 1. Goals

Clear, Specific, Supporting Objectives

- 2. Mission Alignment Market Transformation
- 3. Motivation

Smart, Performance-Based Compensation

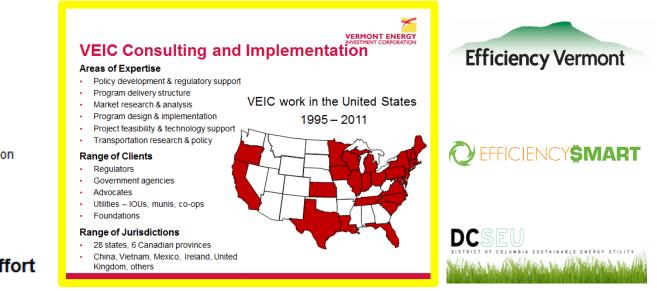
4. Accountability

Results Beyond Compliance, Reward

5. Flexibility

Respond to Changing Markets

 Stability and Sustained Effort Goals & Budgets



## VT Demand Resource Plan 2012 – 2031

Energy Savings (MWh), % of Statewide Sales

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#### **Aggressive, Long-Term Goals**

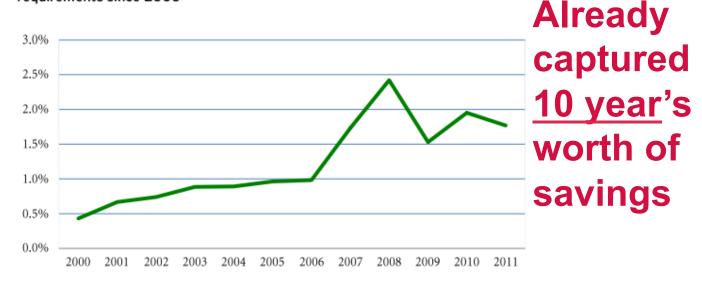


### **Big Goal, Big Challenges**

Past Success/Diminishing Returns

### - Rising Federal and State Baselines

Figure 2. Savings from efficiency as a percentage of statewide electric resource requirements since 2000

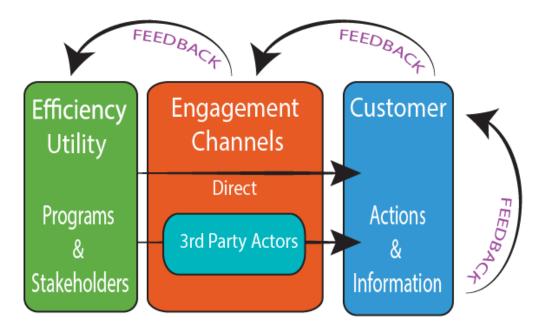


 Lower Avoided Costs? (Is cheap natural gas here to stay?)



# Wait a minute... I thought this was supposed to be about a *Game...*

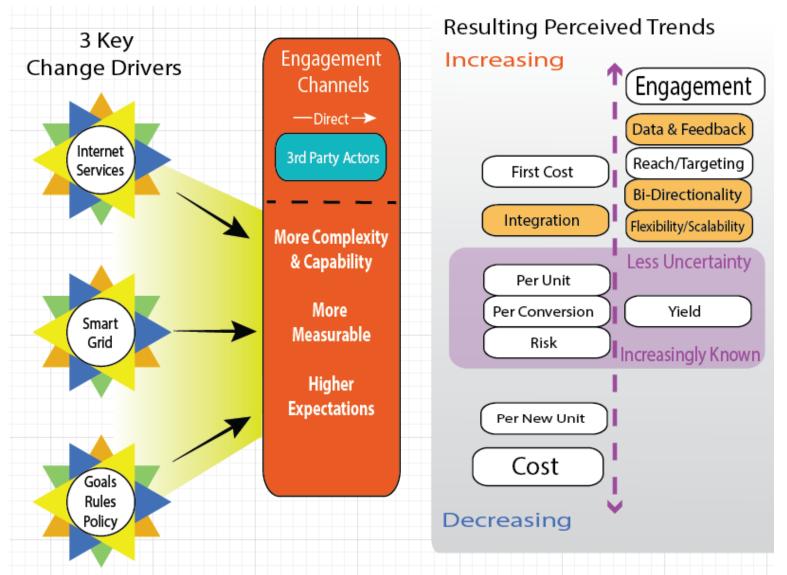
- Savings goals depend upon reaching and influence of customer actions through engagement
- The <u>cost</u> & <u>effectiveness</u> of engagement channels are the most import factors under a program's control
- Game based approaches have demonstrated best-inclass scalable engagement cost-effectiveness

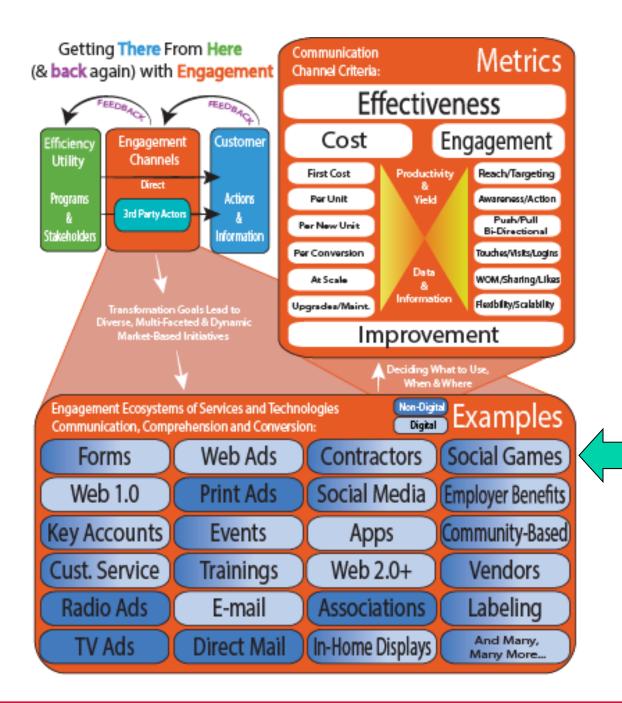


# [Insert "Game(s)" here? Yes!\*]

## **Big Challenges, Big Opportunities**









Social Games & Gamification

- A lot of buzz + hype
- Some High Profile Successes
- Many lowerprofile "failures"
- Young industry
- Rapidly evolving
- More "art" than "science"

## Vermontivate!



• State-wide, 5-week long, town-based, online/real world engagement competition for an ice cream Party



Our atmosphere's getting all gunky. And climate change makes us feel funky. But we'll change our fate! Play Vermontivate! And celebrate with Chunky Monkey!

Vermontivate! is a playable prototype *community energy game* that *playsources* the *elements* of energy efficiency and *sustainability.* 



Wildly Exceeded Expectations.



### Here's the back story: Started in 2010, with RD&D

- Long Term Yield \$/MWh
- Near and Long-TermYield Threats:
  - Rising Baselines (Market Transformation, Diminishing Returns)
  - Higher-Hanging "Fruit" (Hard to Reach Demo, Behavioral, etc.)
  - Customer Motivation (Non-energy "distractions")
- RD&D  $\rightarrow$  Non-Resource Acquisition Investment  $\rightarrow$  Can Game Tools & Insights Help Yield?

### Improve Yield Outlook with Strategic Research, Development, and <u>Deployment</u>



# Background: Highlights from 2010-2011 RD&D

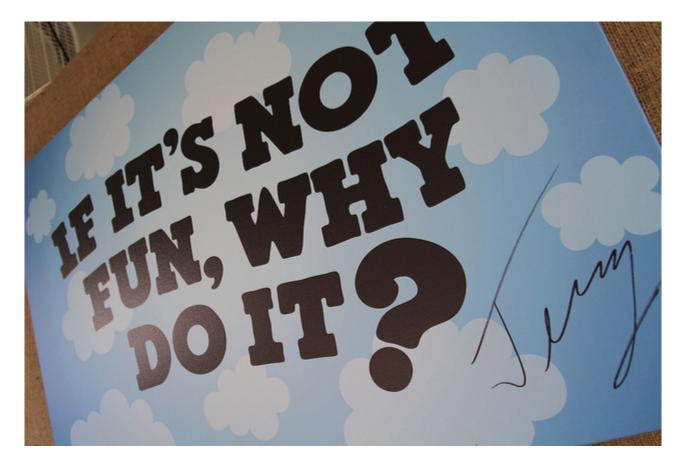
Playsourcing \*could\* be a valuable toolset to improve yields by shifting towards more intrinsic motivators:

- <u>Crowdsourcing</u>: Productive Contributions Through Voluntary, unpaid, participation of the "crowd" (example: *wikipedia*)
- <u>Playsourcing</u>: uses games to drive voluntary engagement to support crowdsourcing (example, *Fold.it*) to meet EE objectives:
  - Data, Information, Advice, Engagement, Emotions, Relationships, Visibility, Evaluation, Measurement and Verification, and many other hard and soft cost barriers to rapid and sustained progress
- Energy efficiency work is good fit in theory, <u>but</u>:
  - Hard, non-obvious, unproven in the energy sector
  - Massively Multi-Disciplinary, Art + Science: **success not guaranteed**

### Playsourcing: Fun | More-Effective | Not a Walk in the Park |



### **Background: 2011 Key Lesson Learned**



#### **Fruitions First and Foremost Follow Fun**



### **Background: Fun is Fraught with Opportunity**

• Gamification isn't a Holy Grail; it is more like Alchemy:

Alchemy	Gamification	
Protoscience → Chemistry & Medicine	Proto-business trend→ Marketing Best Practices	
Framework of Theory	Design Thinking	
Experimental Processes	Playtesting	
Included Philosophical Principles	Artisinal Crafting Techniques	
Mixed Results	Mixed Results	

In Alchemy, the Philosopher's Stone is a mythical substance that supposedly could turn inexpensive metals into gold, and create an elixir of immortality



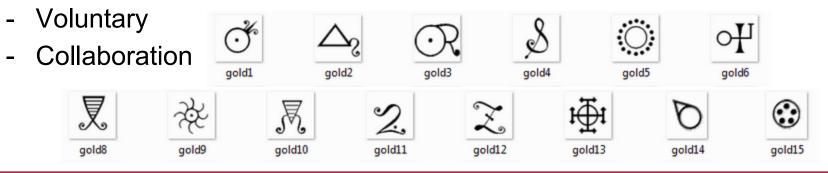


### Allure of Alchemy: Turning Lead into Gold

- Lead of <u>Extrinsic</u> motivating factors can weigh down Yield
  - Incentives, Rebates, etc.
  - Labor, Admin expenses



- The Gold of Intrinsic Motivators can lift Yields:
  - Experience engages, not external "rewards"





### **Spring 2012: Vermontivate!**

Opportunity for a Small & Speedy Real-World Experiment:

**Key Collaborators** 

- Tamarack Media Bill Finnegan, TogetherGreen Fellow
- Local Community Activist Kathy Blume, Creative Roustabout

#### **Key Supporters**

• Ben & Jerry's, Front Porch Forum, Efficiency Vermont

#### Key Objectives

- Awareness & Empowerment through digital media
- Change the tone of the conversation

Epic Objective → Can we make it *fun, scalable & sustainable*?

### 6 Weeks Development, No Cash Budget Low-Risk, (High-Reward?)



### **Vermontivate! – Design Principles**

Voluntariness	(Intrinsic Motivation)
Learning	(Problem Solving),
Balance	(Structure and Exploration)
Structure:	(Rules, Challenges)
Exploration:	(Freedom, Strategy)

Active Ingredients from Positive Psychology + Behavioral Economics

Positive emotion (Fun)
Engagement (Optimum Challenge Curve)
Relationships (Social Network Effects)
Meaning (Beyond the game & oneself)
Achievement (Success Feedback Loops)

**Coherency in Aesthetics, Rules, Challenges** 



### Levels: Weekly Challenges from Game Master Characters



#### Lime:

### Learn about how to use a paper towel, try it out, and tell me if it really works. If it does, will you keep on workin' it?

\*There used to be a bonus point multipllier for sharing with us any other cool, little-but-big things like this. Please still send 'em in! But for the rest of the competition, all guaranteed bonus points have been frozen to simplify judging and add a touch more assurance of impartiality.

#### 🍁 Mint:

Head on over to EnergySavvy and find out your home's energy score in about the same time as a youtube video.

(This energy scorer isn't perfect, particularly if you live in an apartment, use wood heat, or other details. Just fill it out the best you can, add an asterix in your moment of play and let us know what the issues were)

Let me know what you think about it! Any surprises?



Come up with, and tell me three new things you might pledge to do help to save energy for the next 4 weeks.

(Need help coming up with ideas? Chat up your town teammates or visit your Guilds and stir the pot!)



### What play looked like:

on Thu, 05/17/2012 - 20:31

- 800+ moments of Play •
- 5,500+ unique visitors •
- Average of 12 minutes/visit •





rmany and Ghana for Next Energy Bars

Vermont Wannabees Salsa, Salsa, Salsa

#### The Paper Towel Challenge!



Challenge today, and we all passed! We had lots of fun dancing while we shook our hands and seeing who could dry their

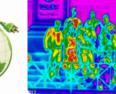
hands the fastest (and most throroughly!) with just one paper towel. As predicted, we also enjoyed making it rain on our friends. This challenge gets two totally dry thumbs up from us!

This is what we had to say:

7 year-old boy: "First you use soap, then you sing your ABCs, wash 'em, and then shake your hands 'til 10 or 11 or 12 times and get a paper towel and when you're done you give Jackie a high 5! Your hands get dry.

3 year-old boy: "Rinse with some soap and shake and dry off!" A teacher asked, "Does it work?" And he said, "Uhhuh!"





Curren

Rank

1

10

11

12

13





Today Vermont, Tomorrow how we got on board the World

Public Bravado in the form They're on the way! of a last minute wildcard

Emphasis denotes fulfilled eligibility

<u>Town</u>

Brattleboro

Montpelier

South Burlington

Shelburne

Charlotte

Winooski

Burlington

Hyde Park

Williston

Morristown

Hinesburg

Charleston

Jericho

effort

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10

12

13

13

(Current) Points\* Quality of Play WildCard 20% 60% June 10 Ranking 1 5 3

irena	20%	00%	20%	weighted total	
\$	1	2	2	420	
	3	4	1	241	
⇒	2	6	3	238	
₽	4	1	4	208	
₽	5	3	5	126	
⇒	6	5	6	102	
⇒	7	8	9	87	
⇒	8	7	10	84	
$\Rightarrow$	9	10	8	80	
$\Rightarrow$	10	9	10	76	
	11	14	7	71.4	
	12	11	10	68	
$\Rightarrow$	13	12	10	64	
* Includes wildcard bonus points (through 6/14)					

**Ranking Score Details** 

20% Waighted total



Green and Clean

### Vermontivate: "An Antidote to Paralysis"



Governor Peter Shumlin Stopped by this week to say thanks to all of you in the Vermontivate! Community!

This week I'm respectfully offering up my jumpline to the collection of Greens proffered by our esteemed Guest Host.

We're thrilled that he's game for the game!

It helps make up for our slight disappointment that he declined our of special Vermontivate! costume. Maybe he'll cut loose and try on Cala threads if he stops by the winning town's ice cream party on June 30

#### Thanks for the luv, Guv!





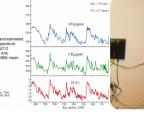


Strolling of the Heifers Weekend





**Connecting Dots in** Montpelier







350, Ice Caps, and Climate Surge Strip

My Compost Pile





JOEL BANNER BAIRD

Towns tussle online with 'Vermontivate' energy game

Late last week, Shelburne was trouncing t tition. Team rankings could change in Ver upcoming fifth — and final — week.

The online scoreboard shows secon boro trailing Shelburne by 175 points. But seventh place, having racked up a paltry 92 ind Montpelier, Winooski, South Burlin lotte. Hinesburg, popularly touted as an e naut, shares a 70-point last place with Ch Lange urges latecomers to the ga

montivate is programmed to allow breakaways

There's a whole lot of high-faloot



#### **Surprising Success**



BURLINGTONFREEPRESS.COM > SUNDAY, JUNE 10, 2012

### **Reflections From a Player**



This game has become part of my everyday life both in terms of playing along and in changing how we live. You have educated me while I was having fun!! You have made this a multigenerational experience!!

You have **built a community** of people across the state, **working together**, supporting each other, and learning together.

What I loved the most about how you set up the game is that you had the perfect mix of challenges that made you explore, that made you make a change, that made you create, and that made you connect.

My outlook about the entire issue has developed into a lasting concern. While enlightening me you also keep me hopeful that we can make a difference instead of making me scared and feeling helpless.

"I am really looking forward to getting my next GMP bill."



### Key Findings: We Made Some Gold

- Making EE Fun is Hard, But Powerful
  - Dynamics and Flexibility are Essential
- We need to walk before we run
- And stand before we try to walk
- There is no substitute for Playtesting.
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> Just scratching the surface of integrated offering.

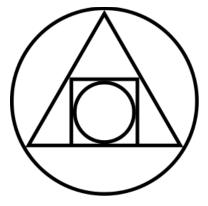
We Wildly Exceeded Modest Expectations. Now What?



### **For Discussion:**

- What are the benefits and challenges to this type of approach with regards to:
  - Scalability?
  - Sustainability?
  - Measurability?
- How could this approach integrate with:
  - Smart Grid Consumption Data?
  - Dynamic Pricing Models?
  - Existing Program?
- What are the <u>risks</u> to this approach?
  - With great potential power comes great responsibility to do it right. How do you know if you're doing it right?

### Can the Science be Separated from the Philosophy? <u>Should it? If So, Where?</u>





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# **Thank You!**

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