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Information strategies and energy conservation behavior: A meta-analysis of experimental studies from 1975-2012

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Energy Policy journal
Volume 61, Pages 729-739
October 2013

2013 BECC Conference Sacramento



BECC 2013

<http://dx.doi.org/10.1016/j.enpol.2013.05.109>



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How effective are information strategies in energy conservation?

Meta-Regression Analysis

We use 156 trials of information based energy conservation experiments that were published in peer reviewed journals from 1975-2012. We use meta regression analysis to assess the effectiveness of information strategies on energy conservation.

Meta-analysis is the art of combining statistical evidence from separate studies.

Our goal in this meta analysis is to derive a common summary statistic for the effect size of an intervention spread across multiple studies.

Listing of Journals

American Journal of Community Psychology	Journal of Applied Social Psychology
Applied Energy	Journal of Business and Economic Statistics
Behavior Modification	Journal of Consumer Research
Bell Journal of Economics	Journal of Design Research
Building Research and Information	Journal of Economic Psychology
Computers in Entertainment	Journal of Environmental Psychology
Energy	Journal of Environmental Systems
Energy and Buildings	Journal of Public Economics
Energy Policy	NBER Working Papers*
Environment and Behavior	Personality and Social Psychology Bulletin
IEEE Transactions on Industrial Electronics	Psychological Science
International Journal of Consumer Studies	RAND Journal of Economics
International Journal of Sustainability in Higher Education	Resource and Energy Economics
Journal of Applied Behavior Analysis	The Energy Journal
Journal of Applied Psychology	The Review of Economics and Statistics

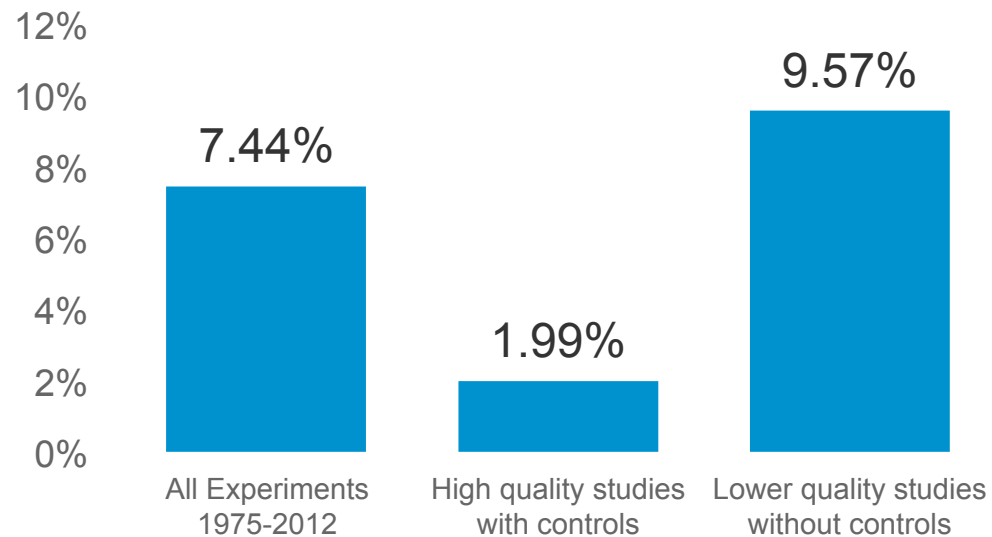
A complete listing of papers is available <http://dx.doi.org/10.1016/j.enpol.2013.05.109>

Meta-Analysis Summary of Treatment Effects

Percentage Energy Savings Field Experiments 1975-2012

Data from Table 3

N=156 field trials
(524,479 study subjects)



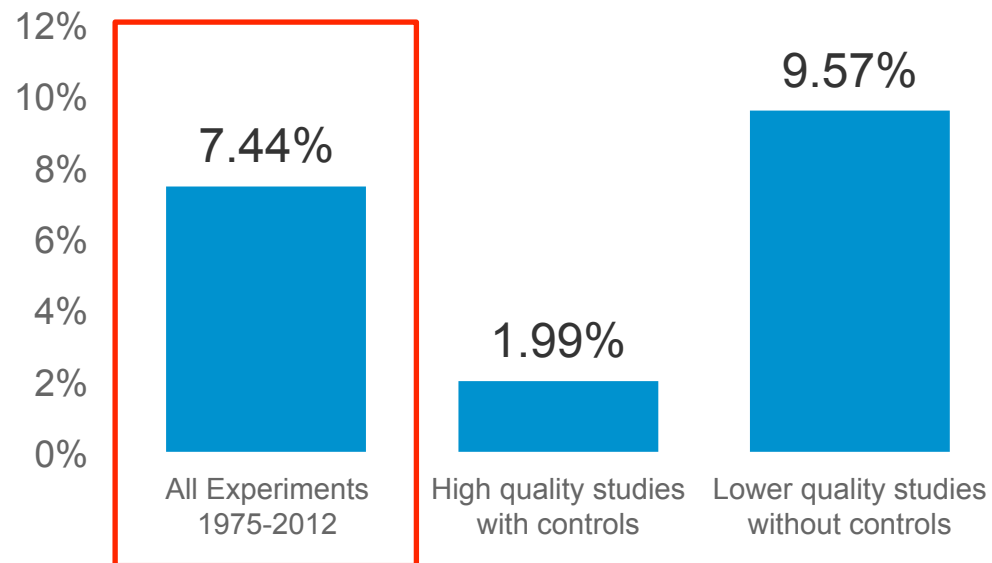
* Controls include weather, demographics or control group

Meta-Analysis Summary of Treatment Effects

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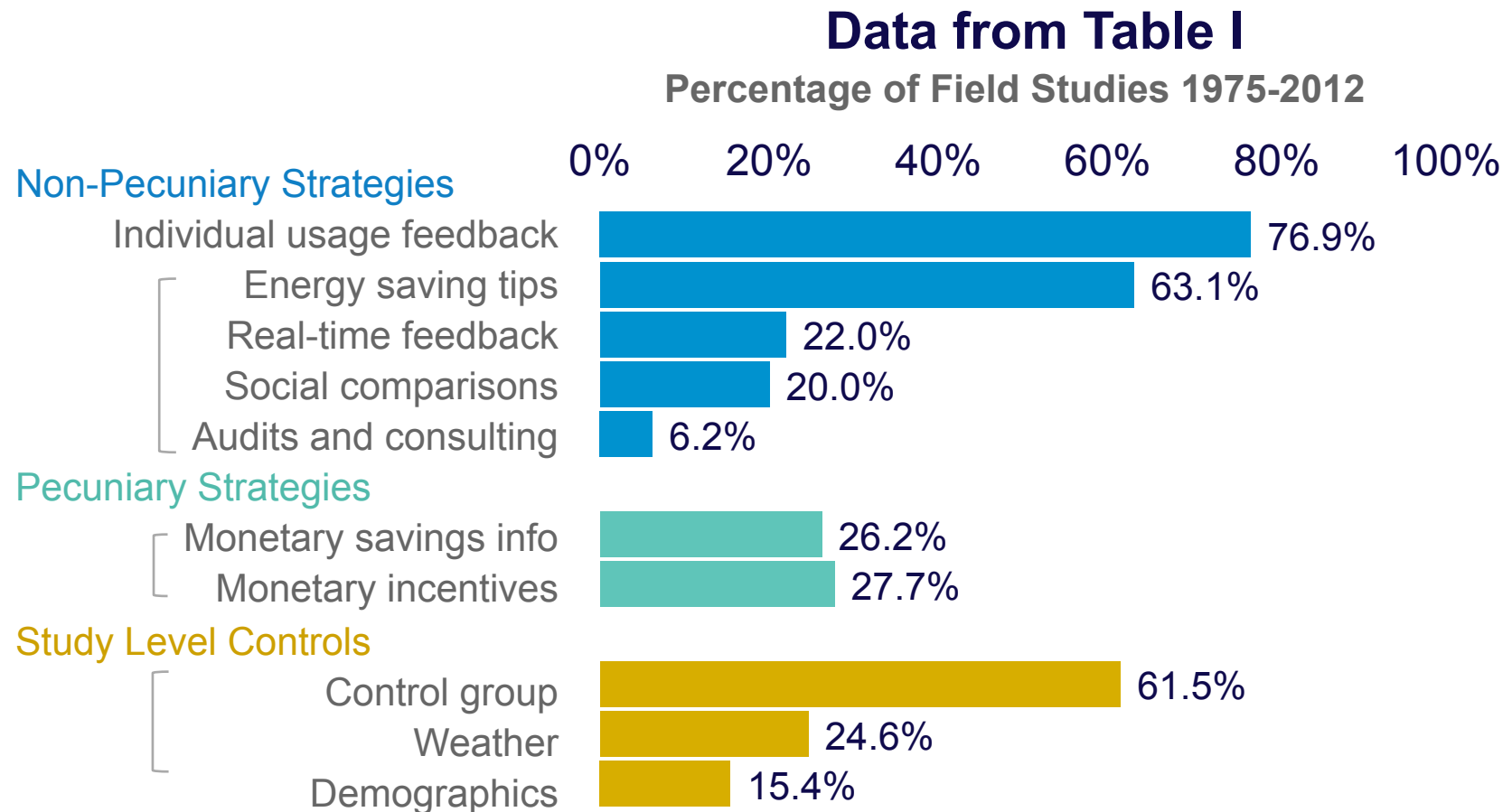
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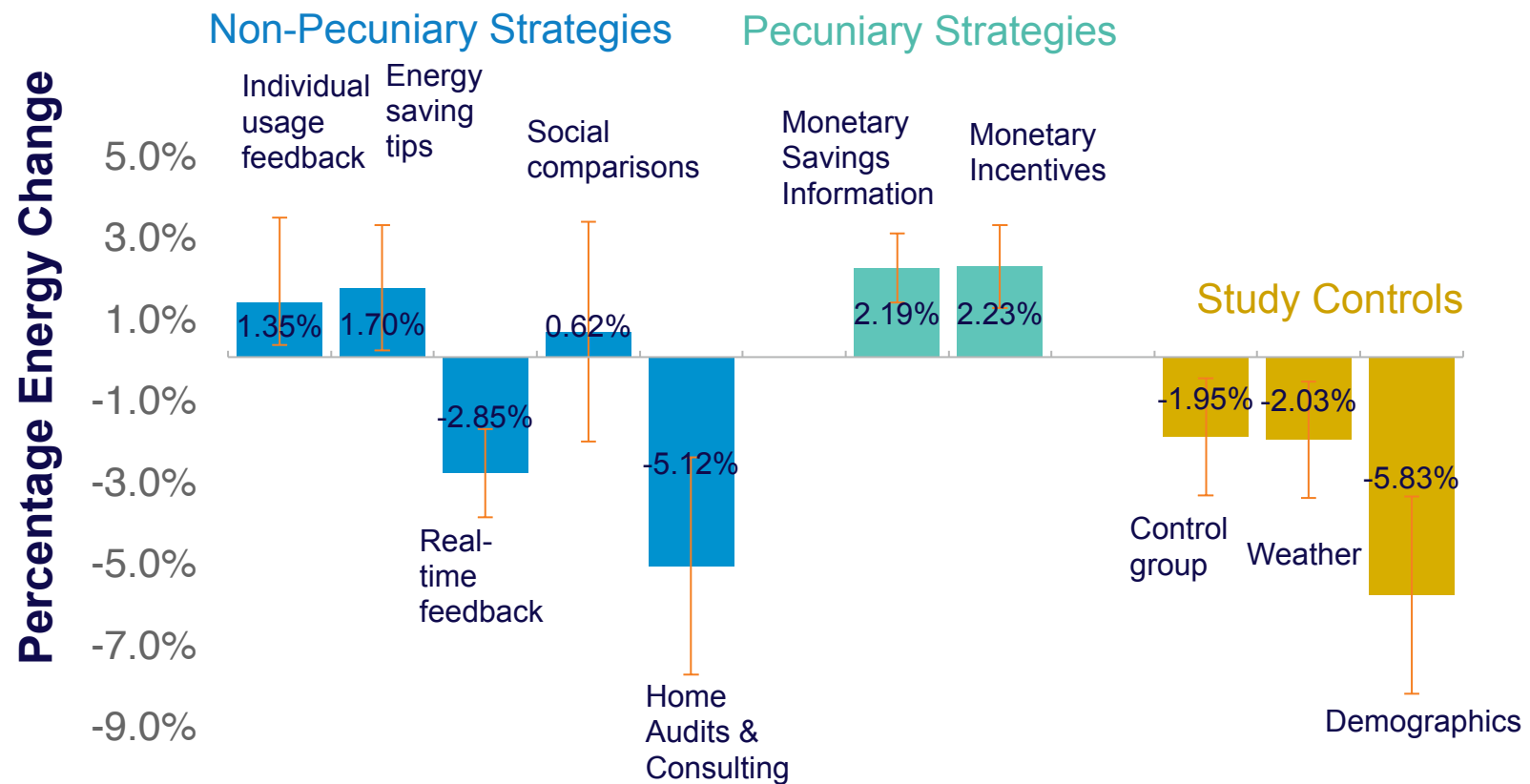
Meta-Analysis Information Strategies



Meta-Regression Estimates

N=156 field trials
(524,479 study subjects)

Pooled Meta-Regression Field Experiments 1975-2012



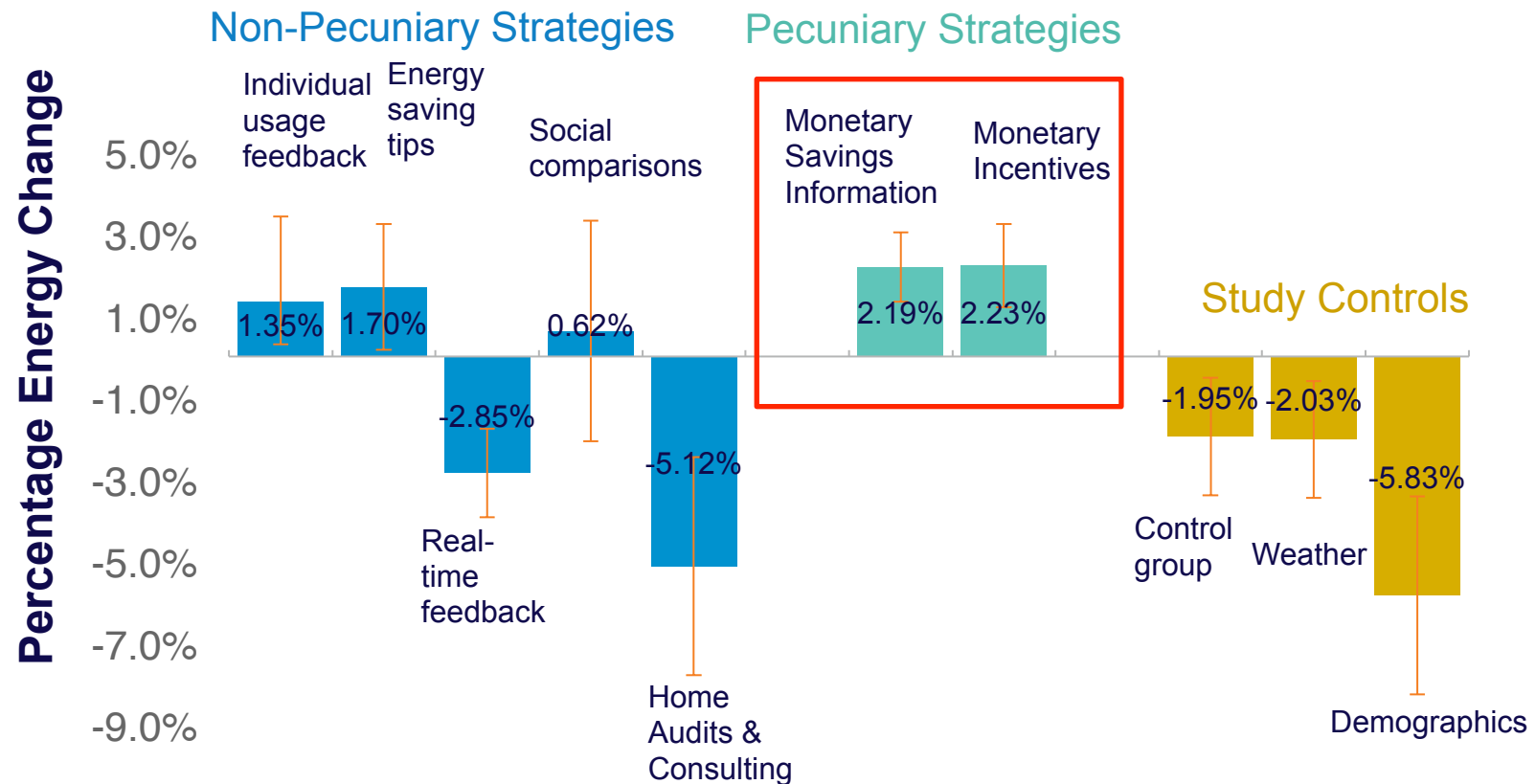
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* Negative values mean energy savings

Meta-Regression Estimates

N=156 field trials
(524,479 study subjects)

Pooled Meta-Regression Field Experiments 1975-2012



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* Negative values mean energy savings

Highlights

- We conduct a meta-analysis of information based energy conservation experiments.
- We analyze 156 published trials and 524,479 study subjects from 1975-2012.
- On average, individuals in the experiments reduced electricity consumption by 7.4%.
- Individualized feedback via audits and consulting results in the largest reductions.
- Pecuniary feedback and incentives lead to a relative increase in energy usage.



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Thank you for listening !

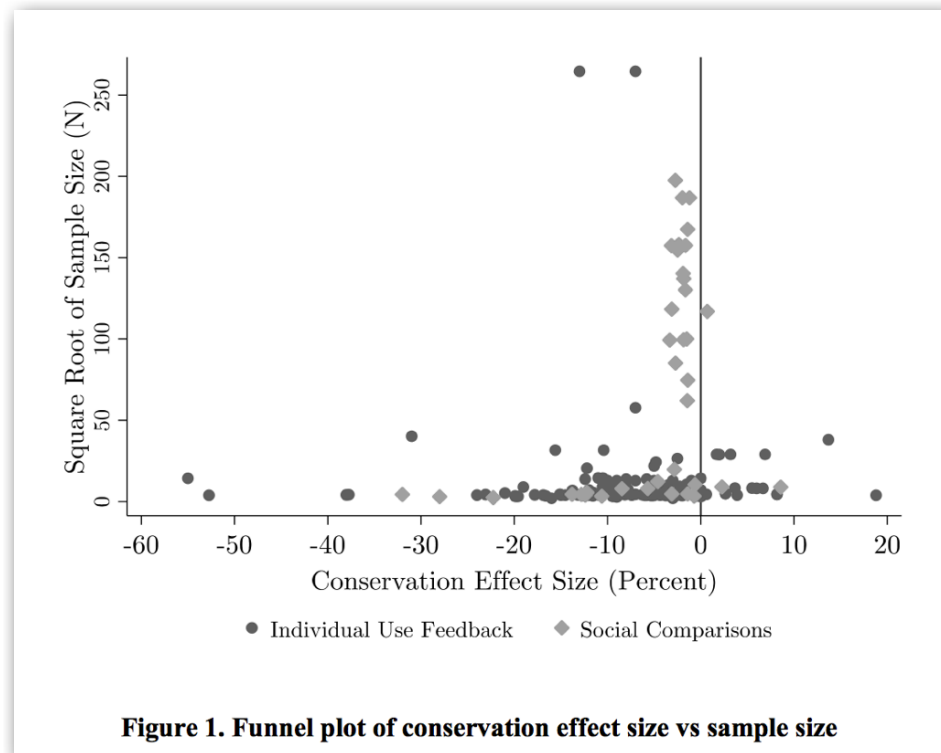
For more information visit

www.environment.ucla.edu/ccep

Meta-Analysis Funnel Plot

Information Treatments 1975-2012

- Heterogeneous responses (range from -55% to +18.5%)
- Social comparisons also backfire
- Larger studies near the average treatment effects



Meta-Analysis

Moderator (Independent) variables

Information Strategies

- Feedback type (individual or social comparisons)
- Frequency of Feedback (residential billing or in-home displays)
- Consumer education (home audits and consulting, energy saving tips)
- Public/private information (conservation advertising campaigns)
- Goal setting (self-chosen, assigned commitments)
- Technology (real-time displays or alerts)
- Competitions (non-pecuniary rewards)

Duration

- Duration of treatment
- Duration of baseline period
- Long-term persistence monitoring
- Year published

Methodological

- Sample size, control group, weather or seasonality

Meta-Analysis

Inclusion and Exclusion of Data

Target: Peer-reviewed experimental papers in energy conservation behavior

Screen in if...

- Study includes field experiments in electricity
- Any region/geography
- Any time period

Screen out if...

- Study is not about electricity (gas or water conservation out of scope)
- Not individual level
- Not residential or household consumption (commercial buildings out of scope)
- Not peer-reviewed

Meta-Regression General Model

For the j th study and L number of studies in the analysis,

$$\underbrace{b_j}_{\text{\textit{Reported estimates of } \beta \text{ for } j\text{th study}}} = \beta + \sum_{k=1}^K \underbrace{\alpha_k}_{\text{\textit{'True' empirical effect}}} \cdot \underbrace{Z_{jk}}_{\substack{\text{\textit{Study characteristics}} \\ \text{\textit{(Dummy variables or indicators)}}}} + e_j \quad (1)$$

$j \in (1, 2, \dots, L)$

Normalizing, we divide by standard errors (S_{bj}) if reported, or alternatively the square root of sample size as proxy

$$t_j = \frac{b_j}{S_{b_j}} = \frac{\beta_j}{S_{b_j}} + \sum_{k=1}^K \alpha_k \frac{Z_{jk}}{S_{b_j}} + \frac{u_j}{S_{b_j}} \quad (2)$$

\uparrow *Reported t-statistics for jth study*
 \uparrow *Scaled estimates of β for the jth study*
 \uparrow *'True' empirical effect*
 \uparrow *Biasing effect*
 \uparrow *Scaled study characteristics*
 $j \in (1, 2, \dots, L)$

(Meta-independent variables)