

Motivating Behavioral Change: Lessons from Behavioral Finance

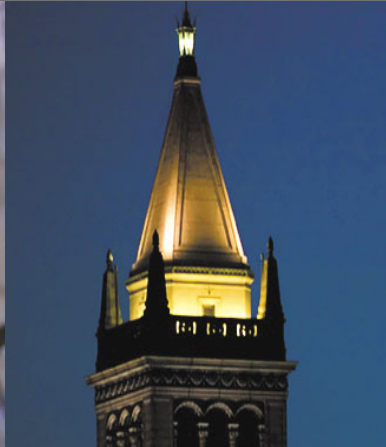
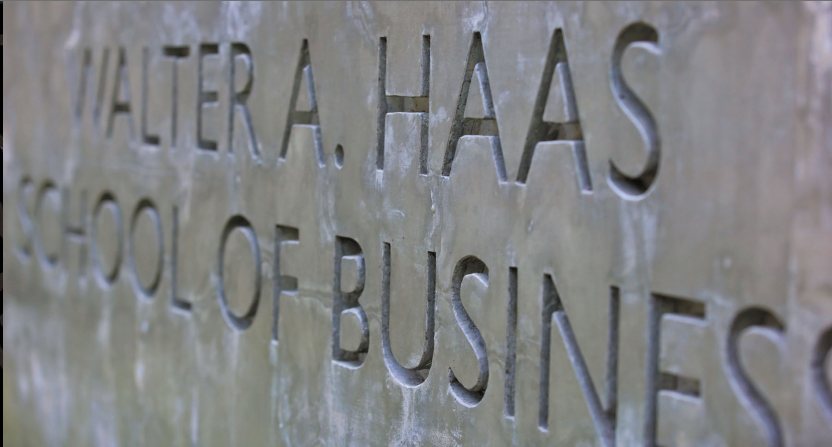
Gregory La Blanc

November 19, 2013

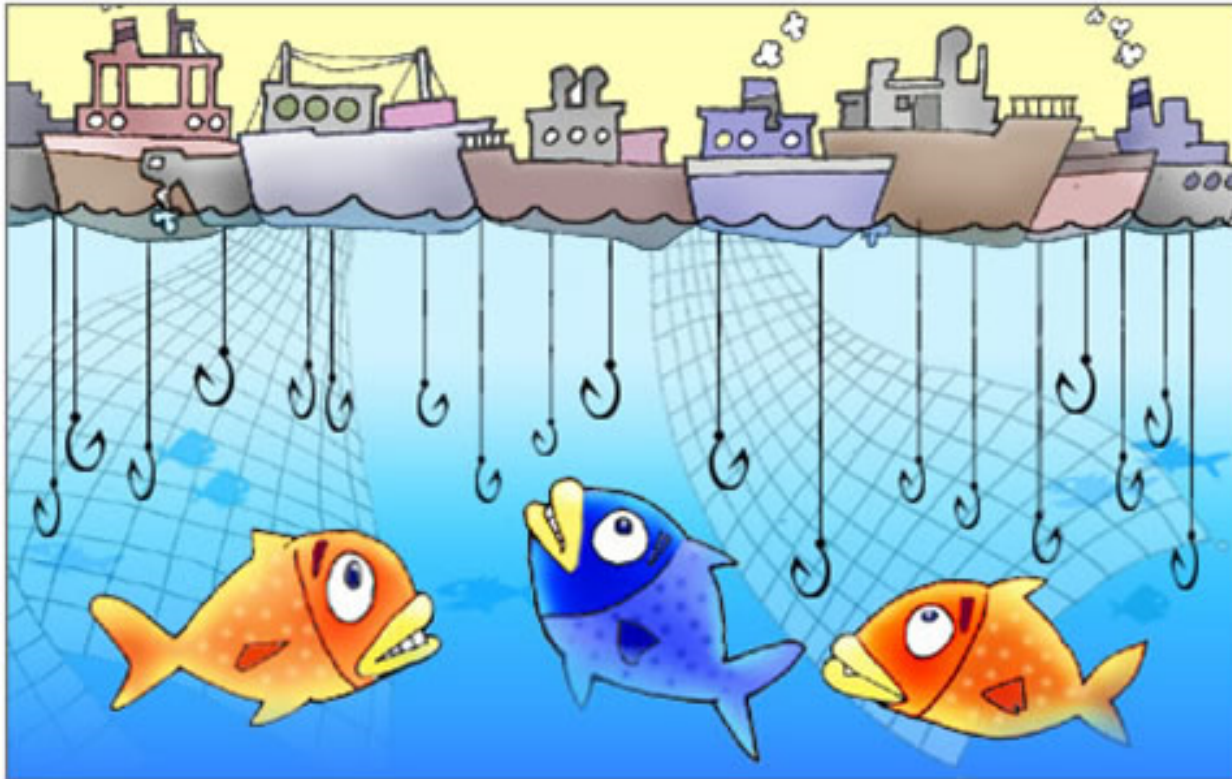
behavior, energy & climate change
becc



Revolutionizing Global Leadership

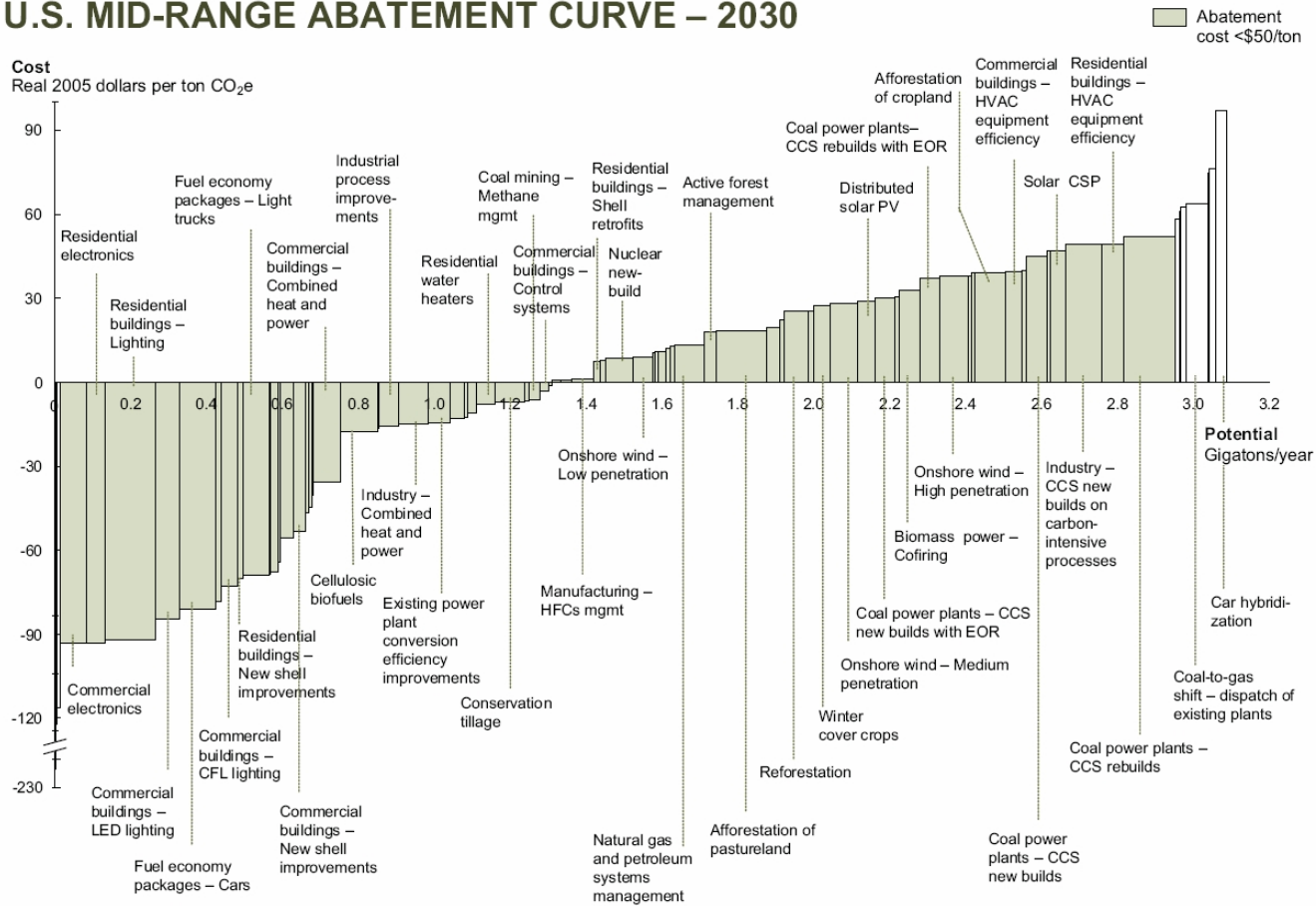


Common Pool Problem?



Money on the Table

U.S. MID-RANGE ABATEMENT CURVE – 2030



Source: McKinsey analysis

Discounting

$$PV = \frac{C_n}{(1+r)^n}$$

Hyperbolic Discounting

Would you like to have

A) \$10 **now**

or

B) \$11 **in an hour**

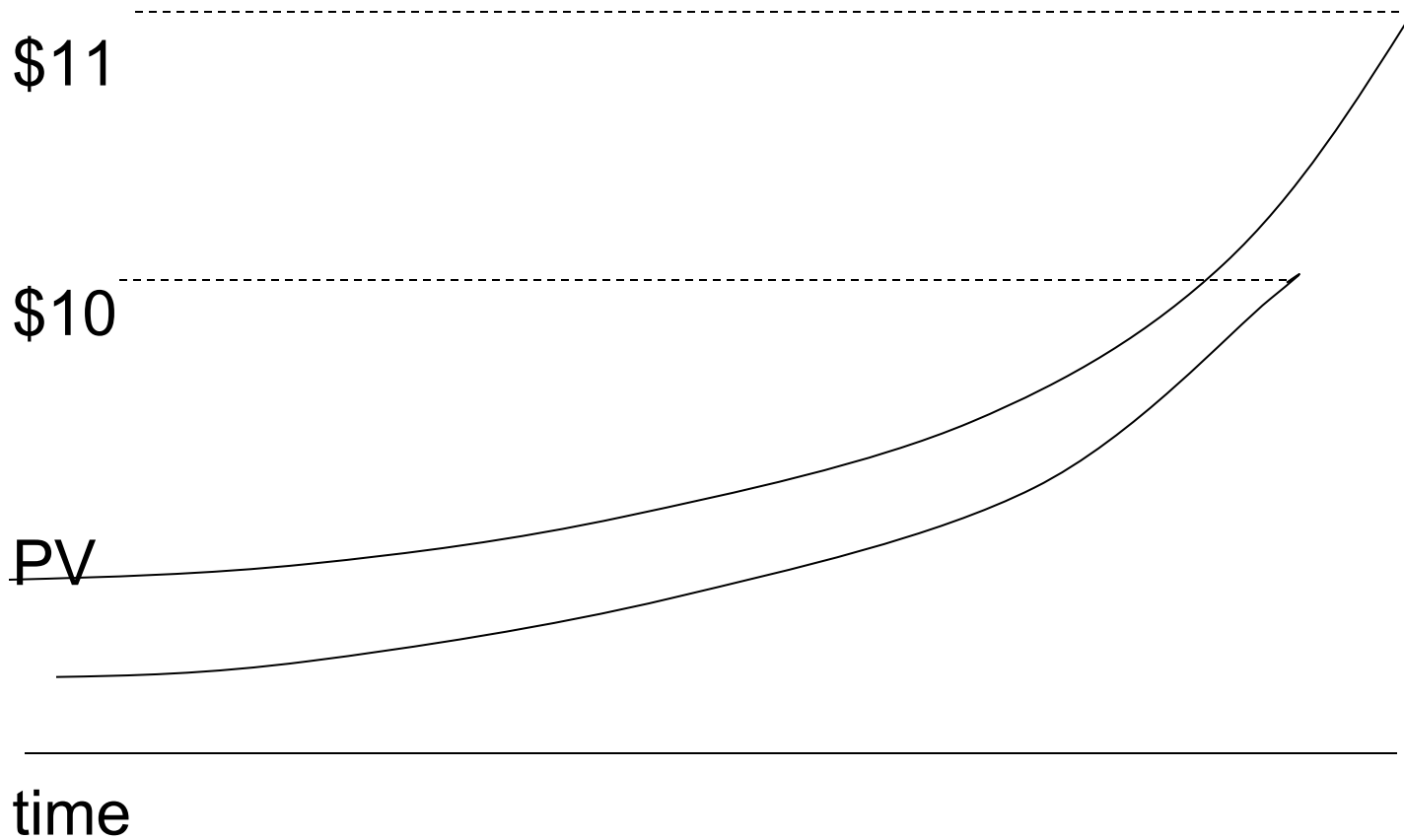
Would you like to have

C) \$10 **in a week**

or

D) \$11 **in a week and an hour**

Exponential Discounting



Choosing fruit vs. chocolate

Read and van Leeuwen (1998)

Choosing Today

Eating Next Week

Time

If you were
deciding **today**,
would you choose
fruit or chocolate
for **next week**?



Patient choices for the future:

Choosing Today

Eating Next Week

Time

Today, subjects typically choose fruit for **next week**.

74%
choose
fruit



Impatient choices for today:

Choosing and
Eating

Simultaneously

Time

If you were
deciding **today**,
would you choose
fruit or chocolate
for **today**?



Time Inconsistent Preferences:

Choosing and Eating

Choosing and Eating

Simultaneously

Time



70%
choose
chocolate

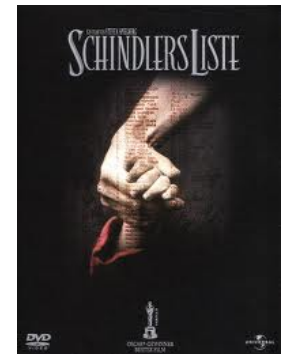


The desire for instant gratification

Read, Loewenstein & Kalyanaraman

Choose among 24 movie videos

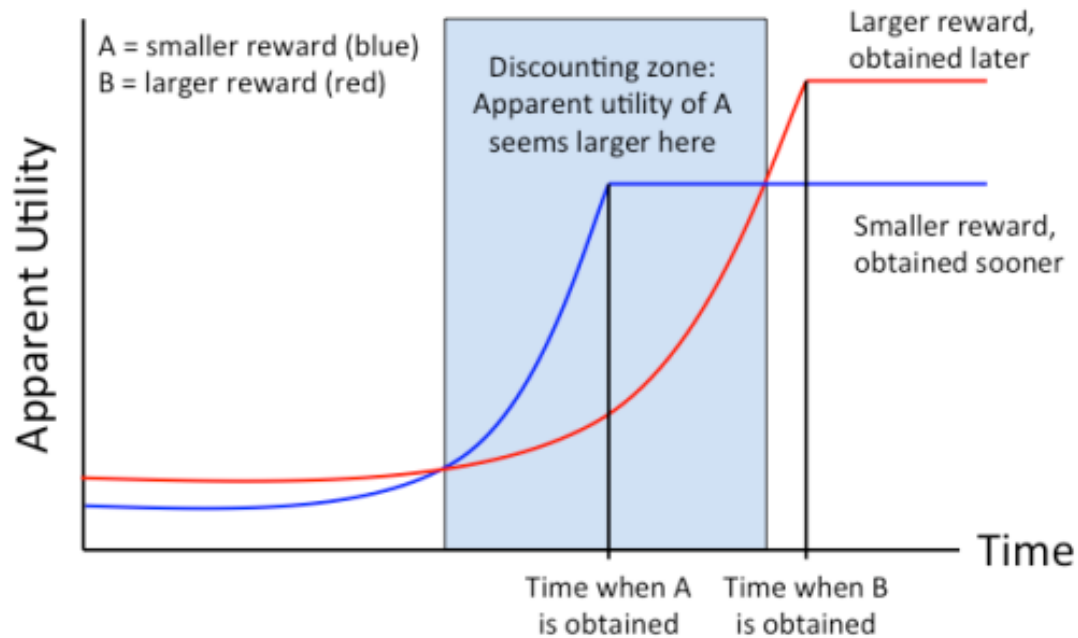
- Some are “low brow”:
- Some are “high brow”:



- Picking for tonight: 66% of subjects choose low brow.
- Picking for next Thursday: 37% choose low brow.
- Picking for second Thursday: 29% choose low brow.

Discount Rate

Apparent utility as time progresses



Animal Learning & Behavior
1981, 9 (4), 476-482

Preference reversal and delayed reinforcement

GEORGE AINSLIE

Massachusetts Mental Health Center, Boston, Massachusetts 02115

and

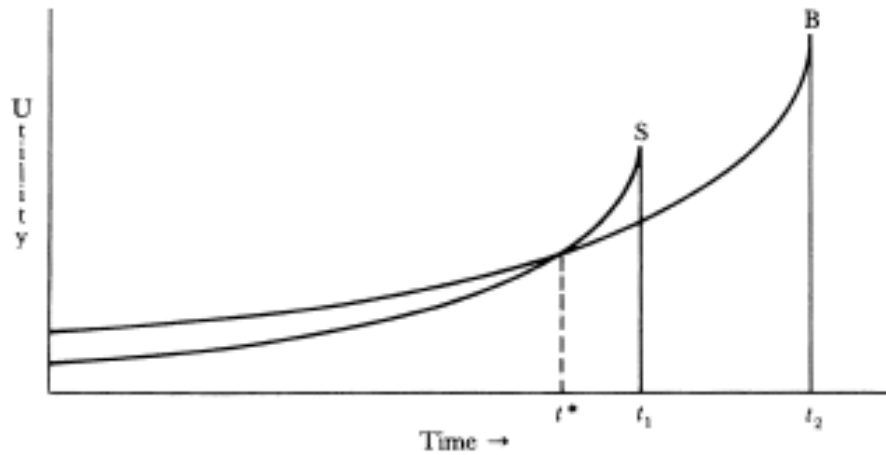
R. J. HERRNSTEIN

Harvard University, Cambridge, Massachusetts 02138



Hyperbolic Discounting

Figure 2
Non-Exponential Discounting.



Source: Ainslie (1975).

Behavioral Model

- Quasi-hyperbolic discounting (Laibson, 1997)
- Discounted utility function

$$U_t = u_t + \frac{1}{2} [u_{t+1} + u_{t+2} + u_{t+3} + \dots]$$

- Discounted utility from the perspective of time t+1.

$$U_{t+1} = u_{t+1} + \frac{1}{2} [u_{t+2} + u_{t+3} + \dots]$$

- Discount function reflects dynamic inconsistency: preferences held at date t do not agree with preferences held at date t+1.

Procrastination

Akerlof 1991

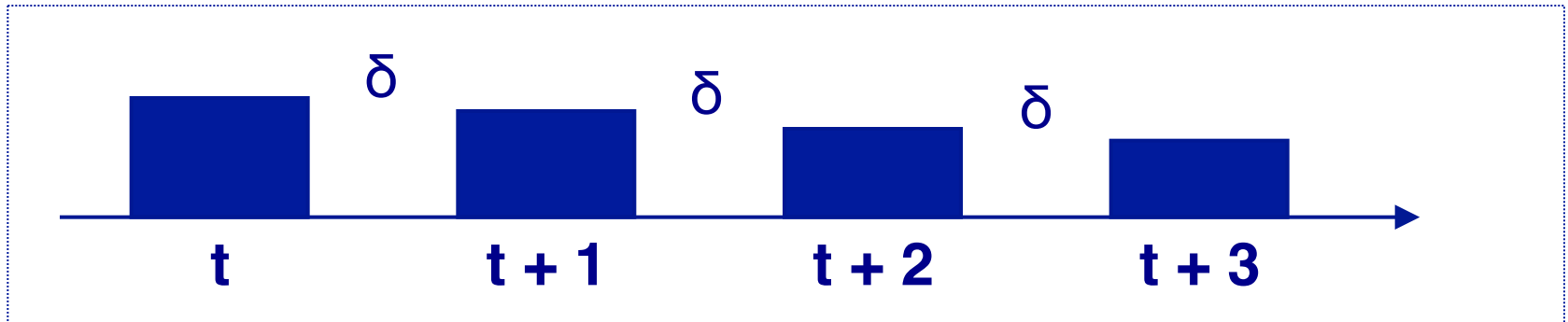
- Suppose you can exercise (effort cost 6) to gain delayed benefits (health value 8).
- When will you exercise?
- Exercise Today: $-6 + \frac{1}{2} [8] = -2$
- Exercise Tomorrow: $0 + \frac{1}{2} [-6 + 8] = 1$
- Happy to make plans today to exercise tomorrow.
- But likely to fail to follow through.

How can declining discounting be explained?

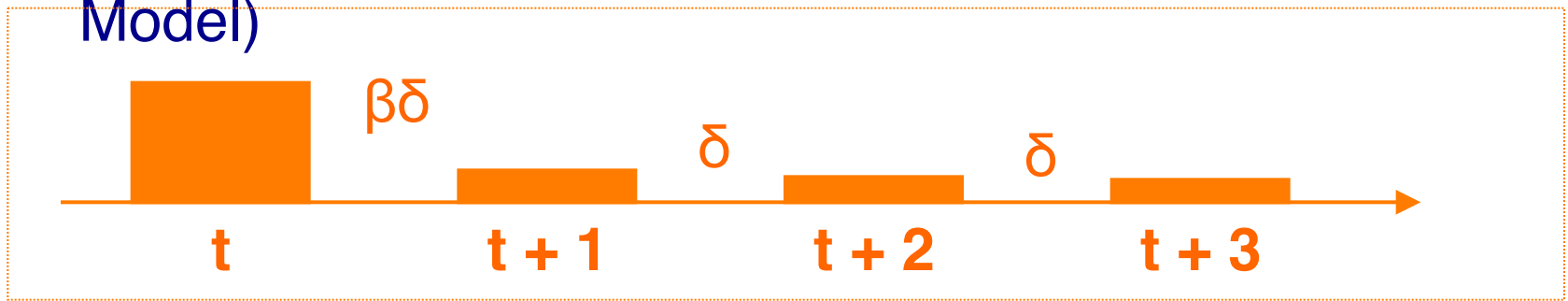
- Standard theory assumes a constant discount factor δ .
- Hyperbolic discounting (Laibson 1997 and others): the higher impatience of people in the present can be modeled with an additional discount factor β that applies to all time points in the future (Beta-Delta-Model).
 - $U = u_t + \beta\delta u_{t+1} + \beta\delta^2 u_{t+2} + \beta\delta^3 u_{t+3} + \dots$
- Dual-self models (Fudenberg/Levine 2006)

Standard vs. $\beta\delta$ -Model

Standard model: exponential discounting

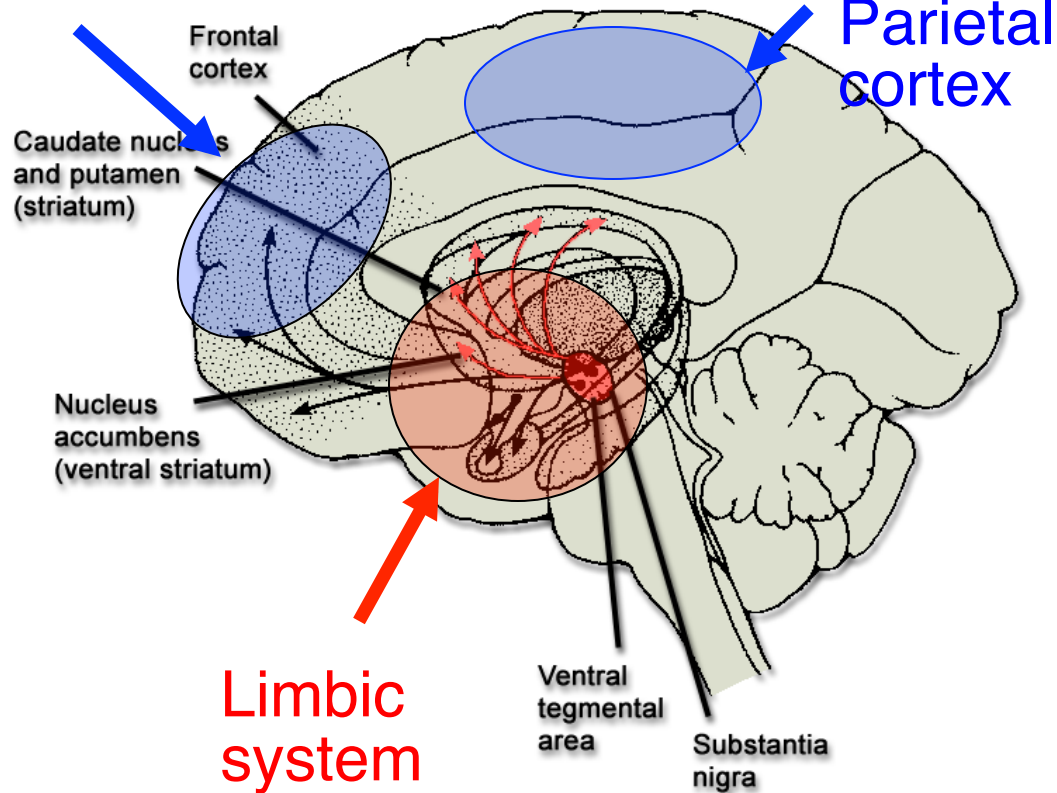


Quasi-hyperbolic discounting ($\beta\delta$ -Model)



Limbic system vs. Fronto-Parietal System

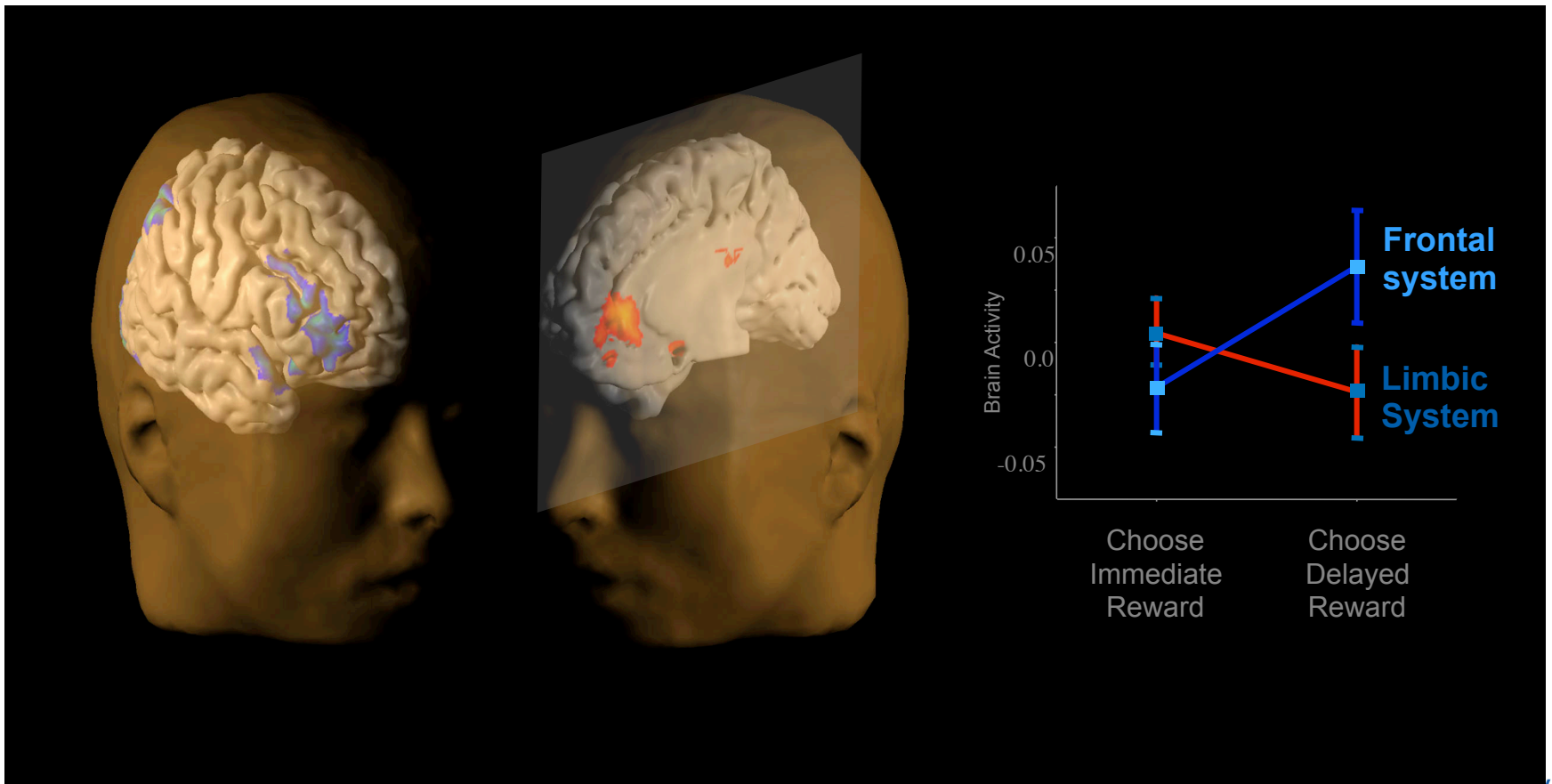
Frontal cortex



Limbic system

Brain Activity in the Frontal System and Limbic System Predict Behavior

(Data for choices with an immediate option.)



Conclusions of fMRI study

- Time discounting results from the combined influence of two neural systems:
 - Limbic structures are impatient (accounts for β)
 - Fronto-parietal systems are patient. (accounts for δ)
- These two systems are separately implicated in ‘emotional (affective)’ and ‘analytic (cognitive)’ brain processes.
- The limbic (emotional) brain, does not value delayed rewards
- The limbic brain creates a drive for instant gratification
- Results have now been replicated with juice rewards

Dual Brain Model

- Again offer subjects a choice between chocolate cake and fruit salad
- While they are presented with this choice, give some of them a distraction tasks.
- Distraction task can be easy: remember three digits
- Or hard, remember 9 digits

Dual Brain Model

Shiv and Fedorikhin (1999)

- Those faced with harder task, chose chocolate cake more often

Processing burden	% choosing cake
Low (remember only 2 digits)	37%
High (remember 7 digits)	59%

Cash or Credit



Always Leave Home Without It: A Further Investigation of the Credit-Card Effect on Willingness to Pay

DRAZEN PRELEC¹ AND DUNCAN SIMESTER*

*Sloan School of Management, MIT, 38 Memorial Drive, Cambridge, MA 02142

Tel.: 617-258-0679; fax.: 617-258-7597; e-mail: simester@mit.edu

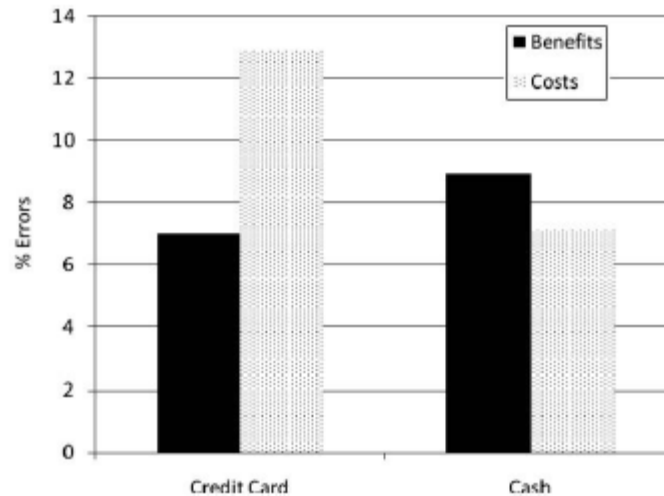
Table 1. Study 1: Mean values for Celtics tickets, Red Sox tickets, and Banners, by payment method

	Celtics	Red Sox	Banners
Cash mean (N = 31)	\$28.51	\$9.02	\$3.32
(std err)	(3.25)	(1.10)	(1.61)
Credit card mean (N = 33)	\$60.64	\$15.92	\$5.29
(std err)	(11.09)	(2.66)	(1.66)
Credit card premium	+113%	+76%	+59%
t-test	t = 2.71, p < .01	t = 2.35, p < .05	t = .85, ns
Cash median	\$25.00	\$8.00	\$1.00
Credit card median	\$41.00	\$12.00	\$2.00
Wilcoxon rank-sum test	z = 2.64, p < .01	z = 1.42, ns	z = 1.98, p < .05

Do Payment Mechanisms Change the Way Consumers Perceive Products?

PROMOTHESH CHATTERJEE
RANDALL L. ROSE

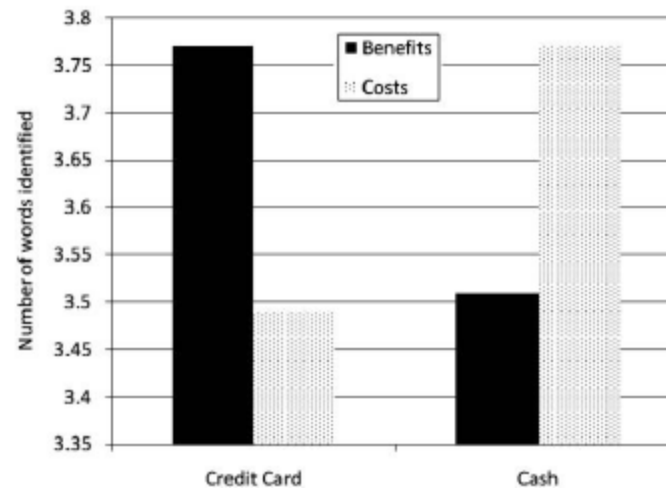
Study 1: Differential Errors due to Payment Primes



Do Payment Mechanisms Change the Way Consumers Perceive Products?

PROMOTESH CHATTERJEE
RANDALL L. ROSE

Study 2: Differential Focus due to Payment Primes



Defined Contribution Plans

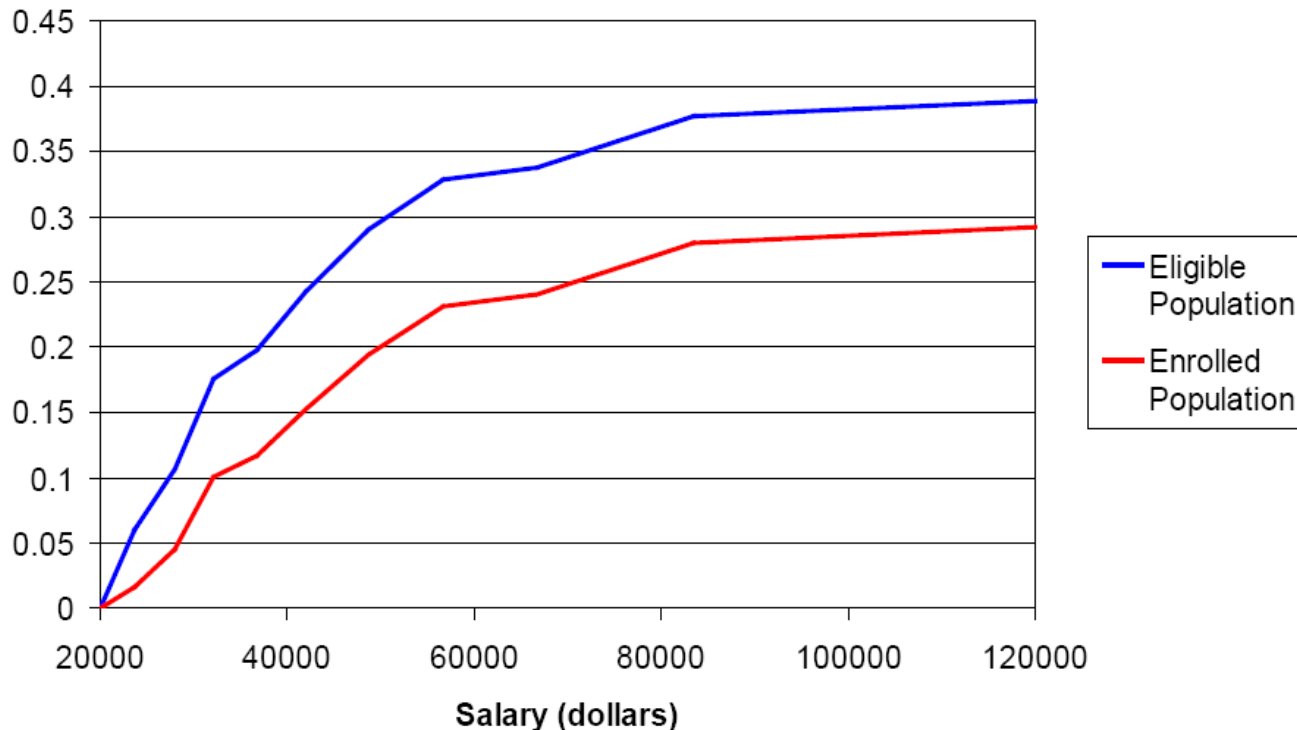
- Shift from DB to DC
- Usually requires action by employee
- Employees often defer action
- Even when they want to participate
- Even when employees match!

Procrastination in retirement savings

Choi, Laibson, Madrian, Metrick (2002)

- Survey
 - Mailed to 590 employees (random sample)
 - 195 usable responses
 - Matched to administrative data on actual savings behavior
- Consider a population of 100 employees
 - 68 report saving too little
 - 24 of 68 plan to raise 401(k) contribution in next **2 months**
 - Only 3 of 24 actually do so in the next **4 months**

\$100 bills on the sidewalk



•Sample companies provide a 50% or greater employer match. (13 companies)

•Sample restricted to active employees with tenure ≥ 1 and $20000 \leq \text{salary} \leq 160000$. Eligible population includes 166099 employees. Active population includes 152340 employees.

•Control variables were age, tenure, and company fixed effect dummies.

Source: Choi, Laibson, Madrian, Metrick.

Effort



Effort



The office candy dish: proximity's influence on estimated and actual consumption

B Wansink¹, JE Painter² and Y-K Lee³

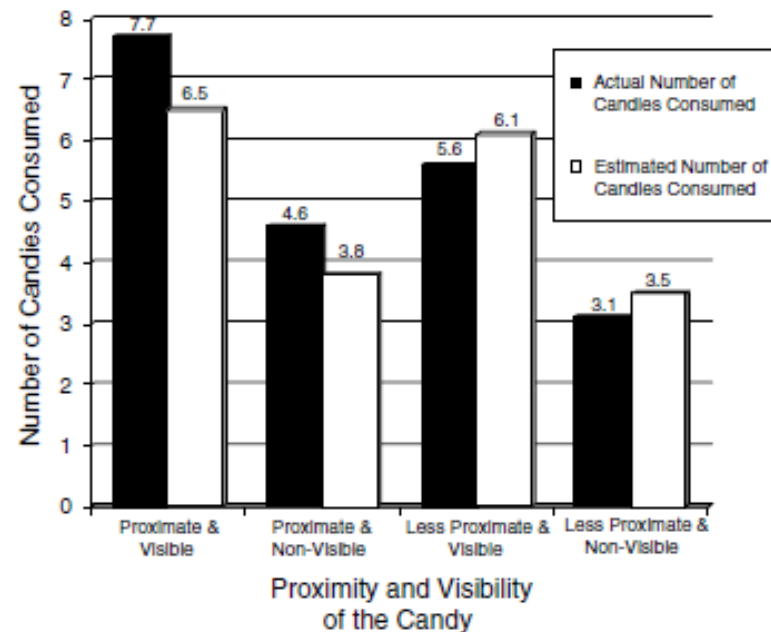


Figure 1 The impact of proximity on actual and estimated candy consumption.

Joining a Gym

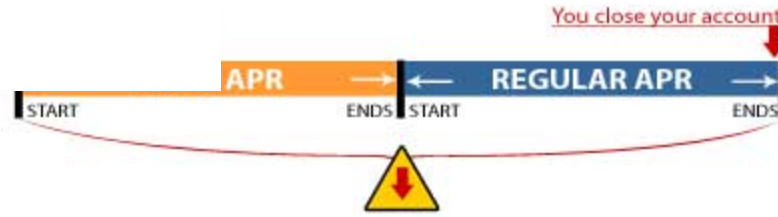
Della Vigna and Malmendier (2004)

- Average cost of gym membership: \$75 per month
- Average number of visits: 4
- Average cost per visit: \$19
- Cost of “pay per visit”: \$10



Life Cycle Pricing

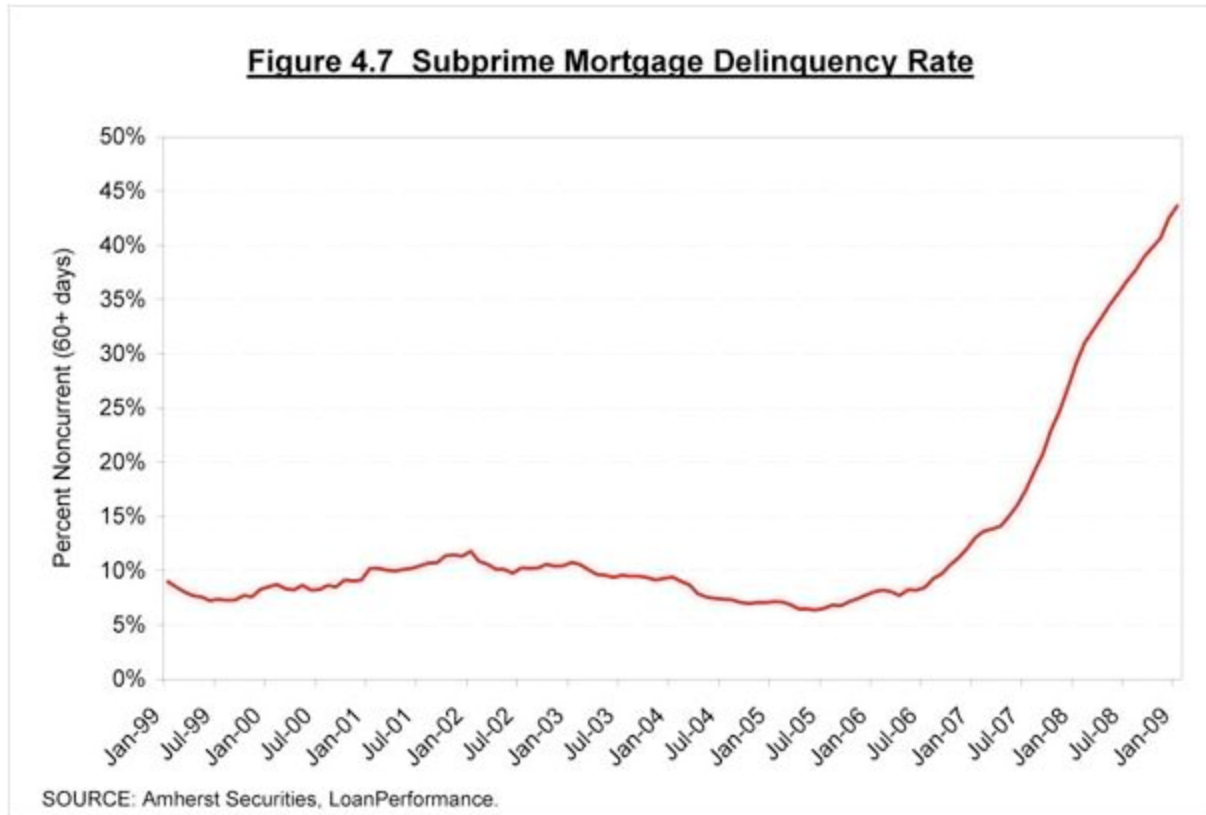
0% Intro APR on Purchases and Balance Transfers.*



DEFAULT APR

At any point your APR can change to the Default APR, if you miss payments and/or go overlimit.

Life Cycle Pricing



Life Cycle Pricing



Get Comcast High-Speed Internet

\$19.99 per month
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1,500 Page Black Toner Cartridge for Dell 1230c Color Laser Printer



Cartridge delivers excellent print quality, sharp images and text – up to a 1,500 pages yield.

Dell Price **\$63.99**

As low as **\$20.00/month***
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Usually Ships: 1-2 Days

Manufacturer Part# : N012K | Dell Part# : 330-3012

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Highlights

- Part number on carton and label is Y924J
- Compatible with Dell 1230c Laser Printers
- Offers up to 1,500 pages yield based on 5% page coverage

Overview

Cartridge delivers excellent print quality, sharp images and text – up to a 1,500 pages yield.

Manufacturer Part# : N012K
Dell Part# : 330-3012

[Compatibility](#)

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Dell Price... **\$56.99**

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Life Cycle Pricing

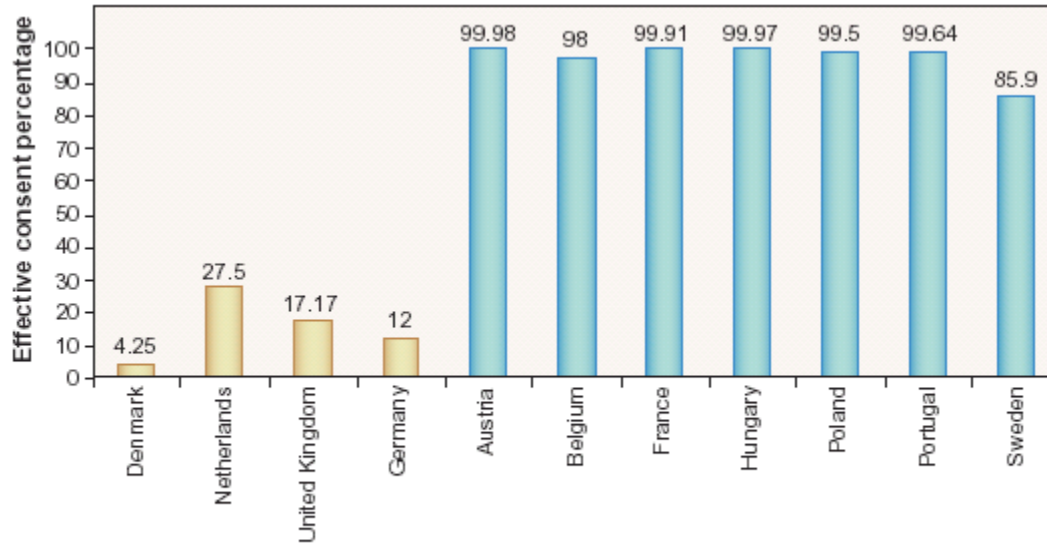


Thought Experiment



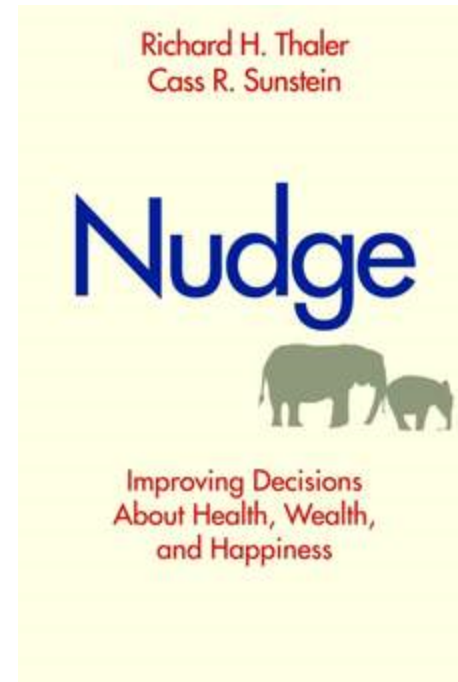
Hershfield, Goldstein, Sharpe, Fox , Yeykelis, Carstensen, Bailenson, 2011

Inertia



Effective consent rates, by country. Explicit consent (opt-in, gold) and presumed consent (opt-out, blue).

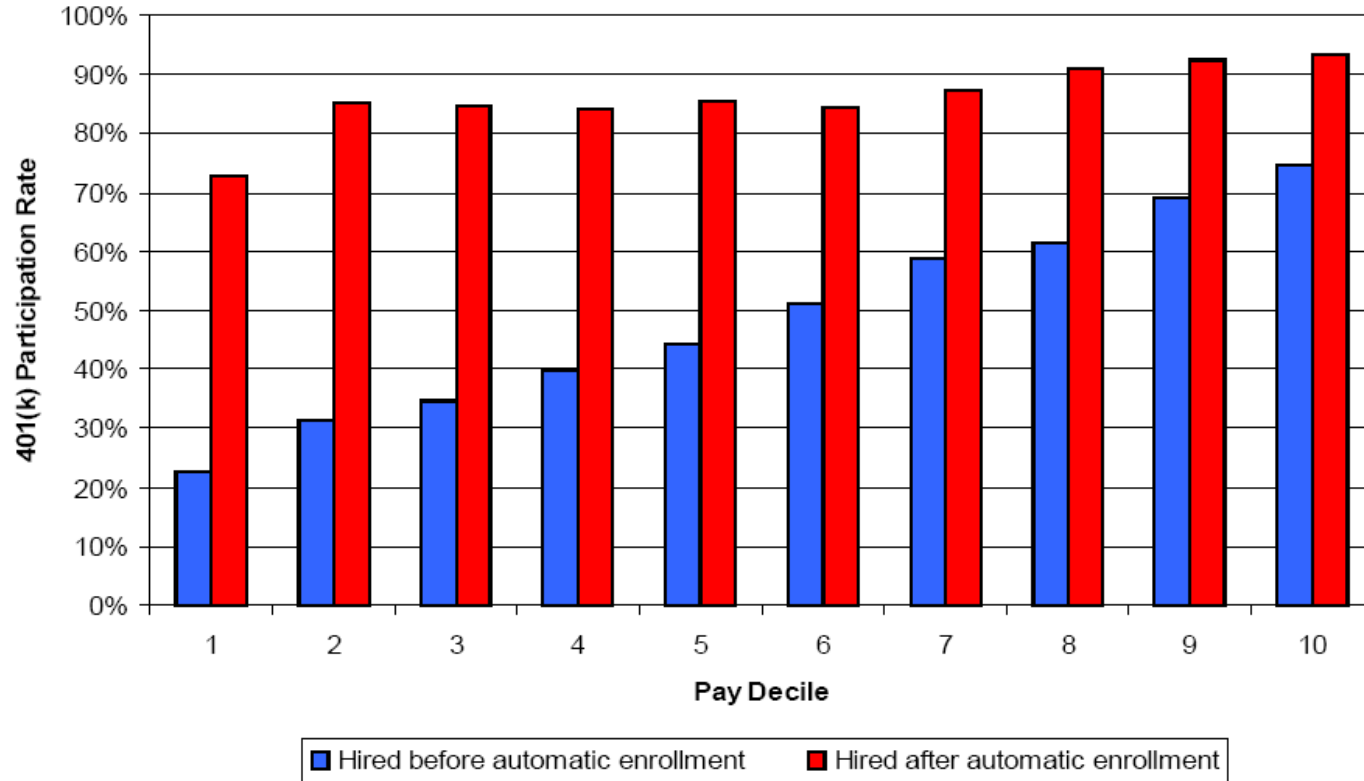
Nudge



Nudge



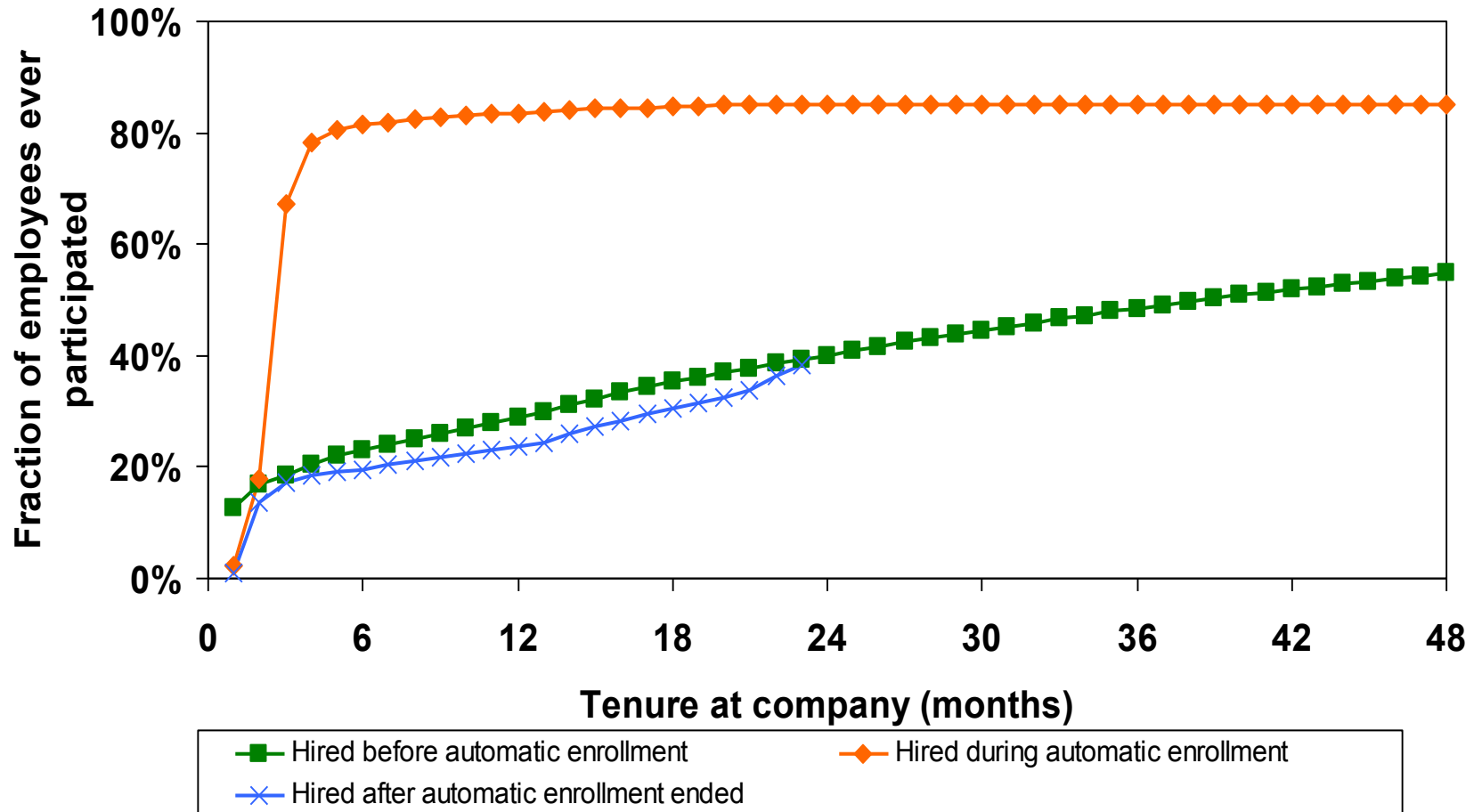
Automatic Enrollment



Source: Choi, Laibson, Madrian, Metrick (2002)

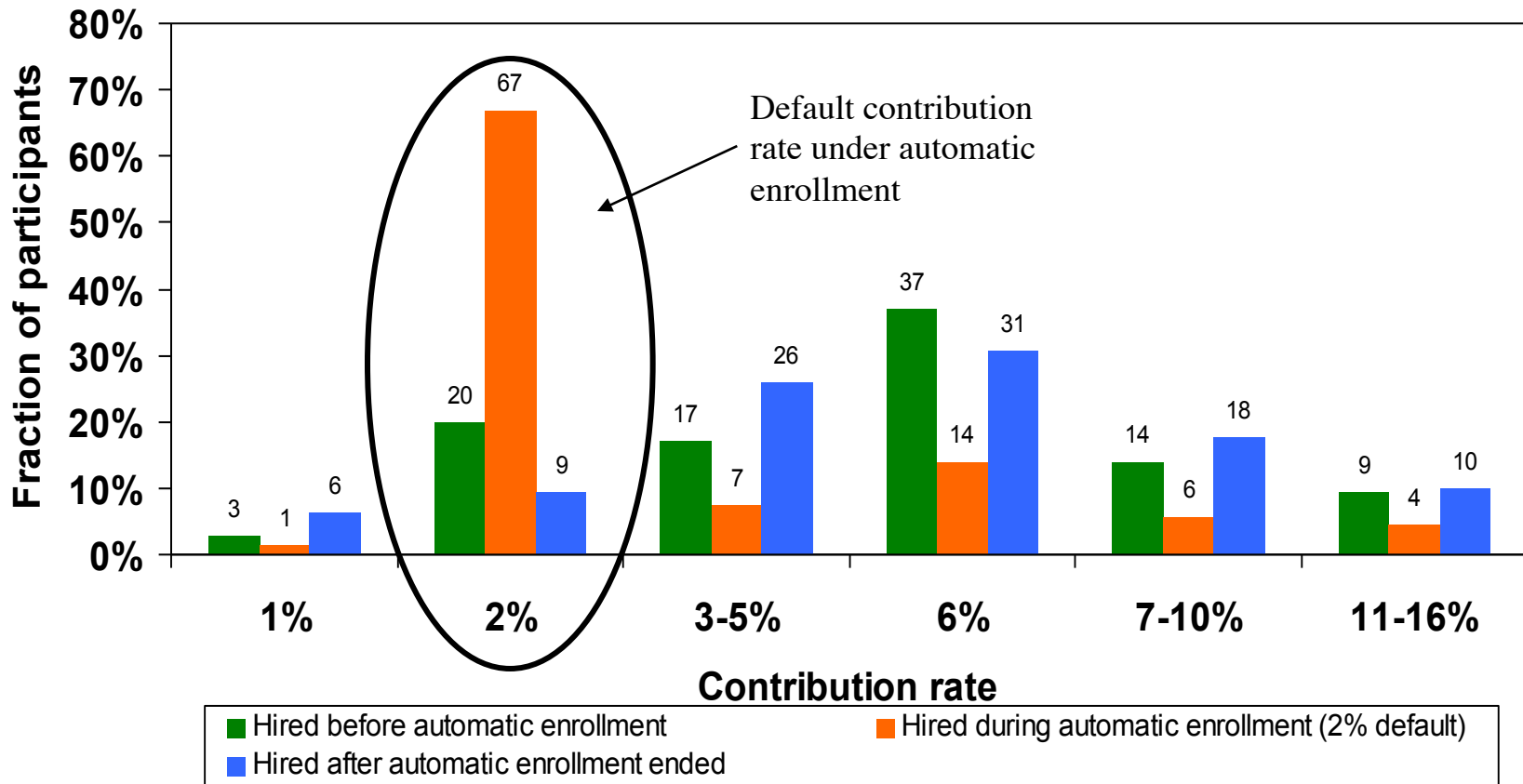
Madrian and Shea (2001) Choi, Laibson, Madrian, Metrick (2004)

401(k) participation by tenure at firm

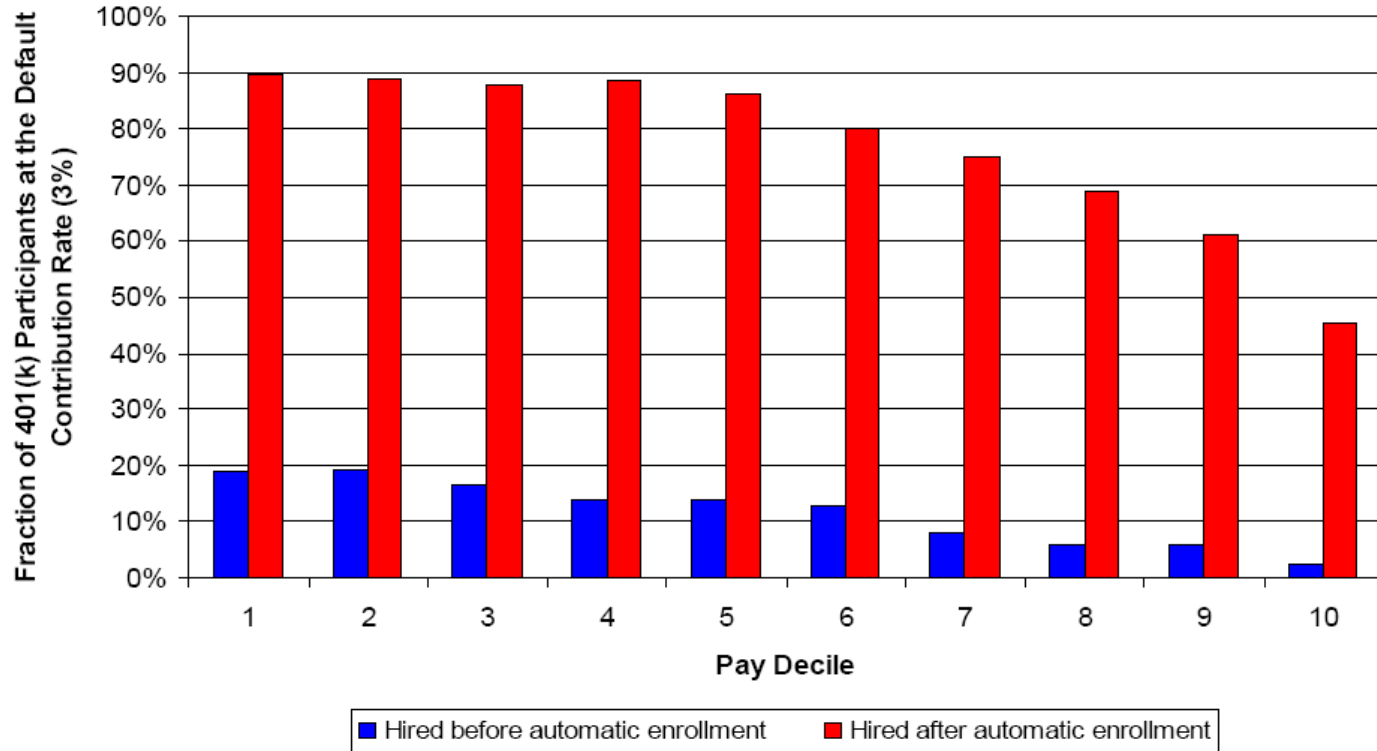


Employees enrolled under automatic enrollment cluster at the default contribution rate.

Distribution of contribution rates



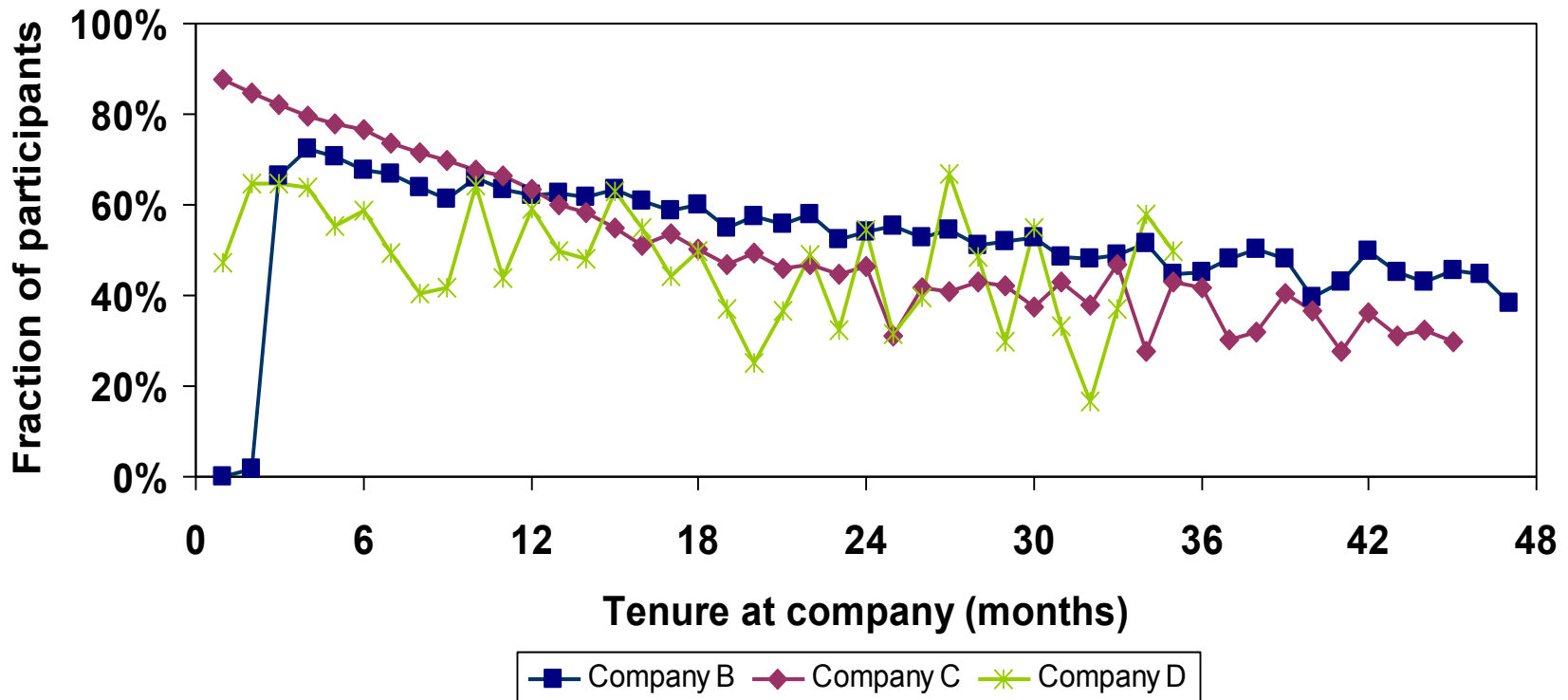
Default contribution Rate



Source: Choi, Laibson, Madrian, Metrick (2002)

Participants stay at the automatic enrollment defaults for a long time.

Fraction of participants hired during automatic enrollment at both default contribution rate and asset allocation

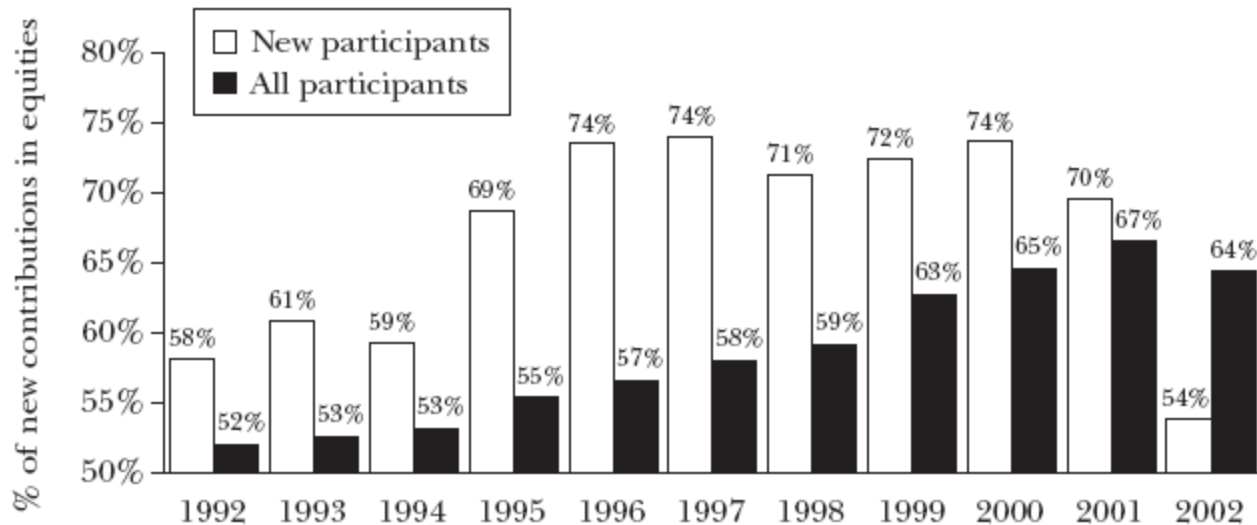


Infrequent Reallocation

Figure 2

Choices of Equities by New Plan Participants

Panel A: The Equity Allocation of New versus All Plan Participants



Automatic enrollment: Conclusions

- Automatic enrollment dramatically increases 401(k) participation
- Participants hired under automatic enrollment tend to stay at the automatic enrollment defaults
- Similar default effects are observed for
 - cash distributions at termination
 - company stock asset allocations
 - saving rates at match thresholds

Takeaways

- Even if a choice is beneficial to an economic actor, he or she may not take it.
- People are subject to:
 - Hyperbolic discounting
 - Inertia
 - Procrastination
 - Failure to engage in lifecycle pricing
 - Inability to commit
- Behavioral Change is more likely when these obstacles can be overcome.

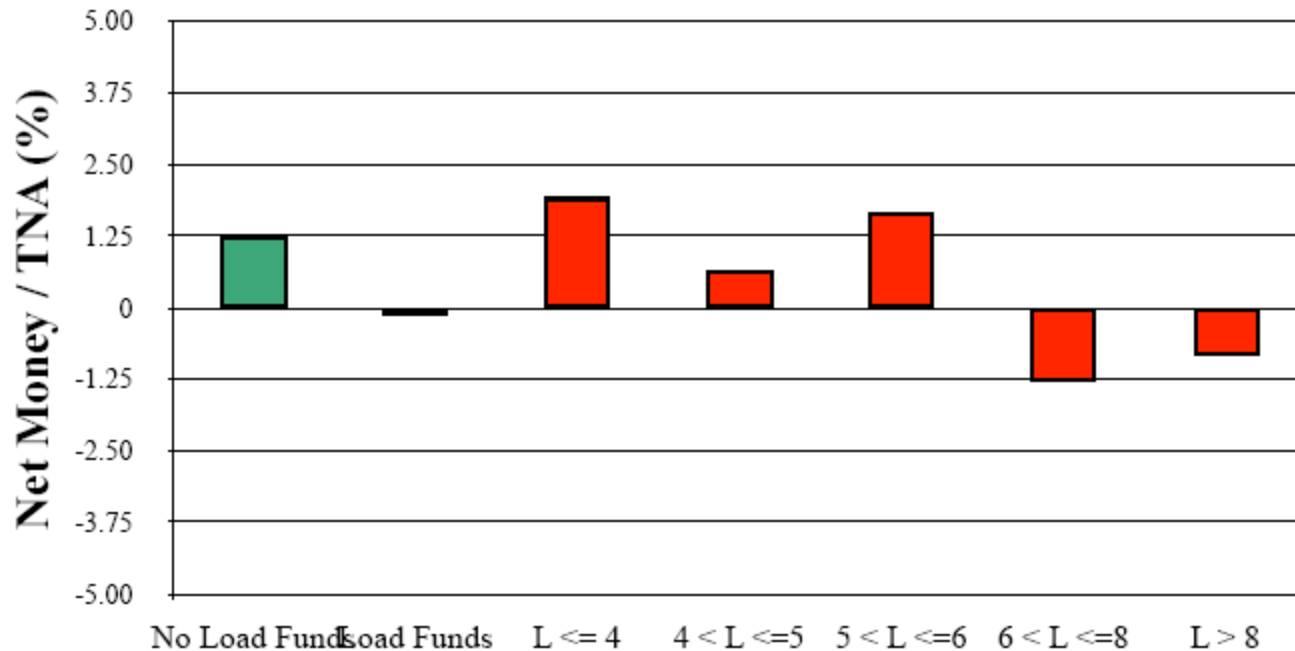
Commitment Strategies



Other Interesting Lessons from 401K plans

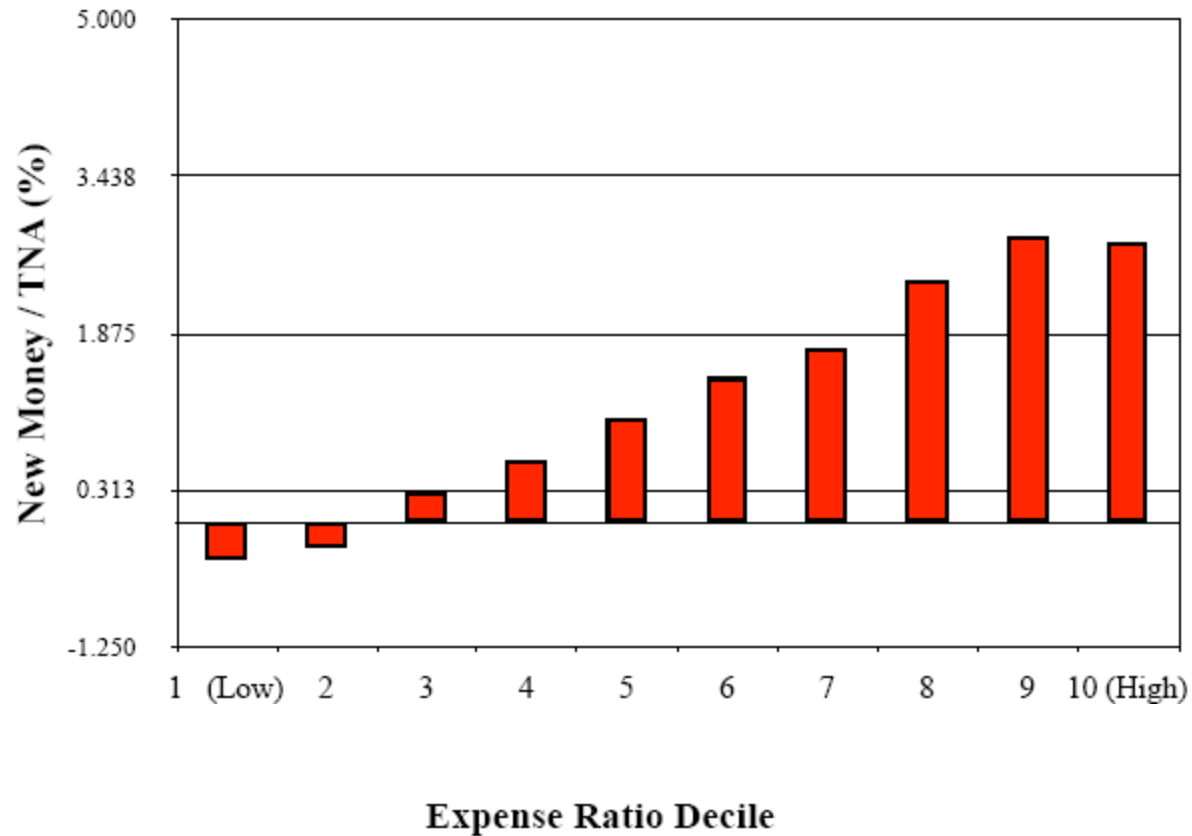
- Inattention Blindness
- Choice Paralysis
- Naïve Diversification
- Home Bias

Fund Investors Pay Attention to Load Fees



Source: Barber, Odean, & Zheng, 2004,
Journal of Business, "Out of sight,
out of mind: The effects of expenses on
mutual fund flows."

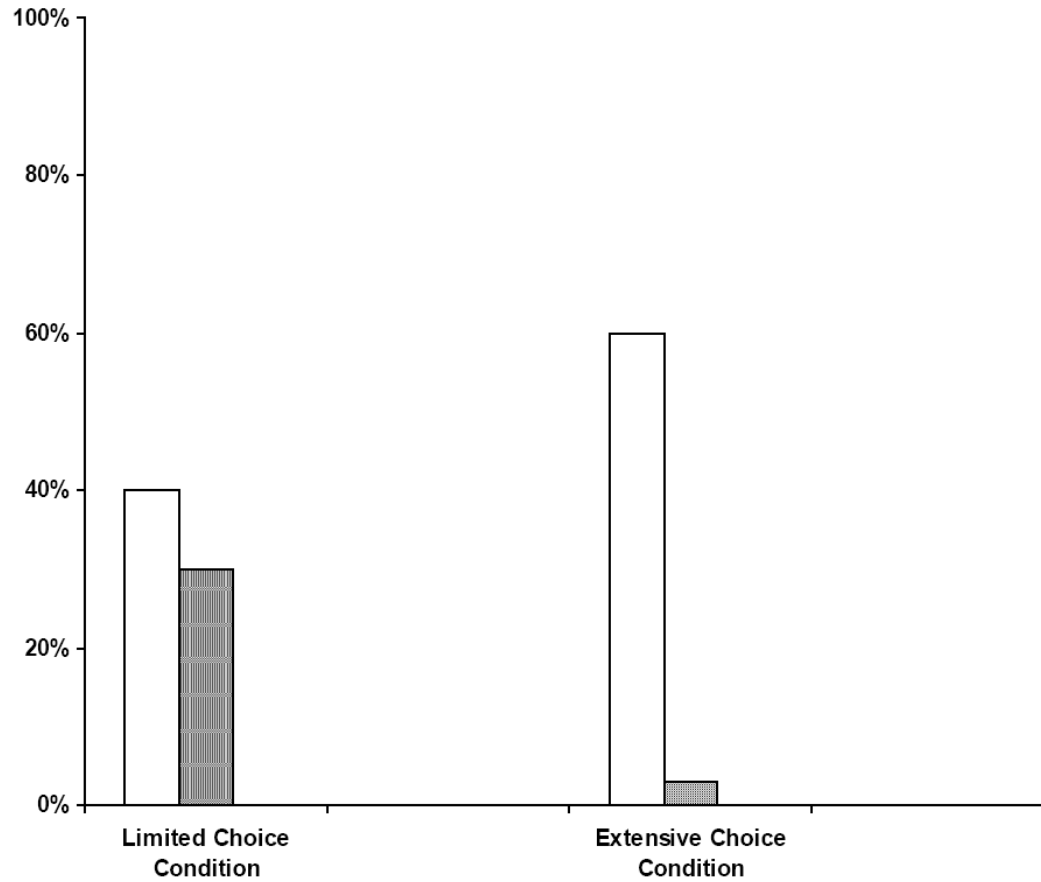
But Ignore Operating Expenses



Choice Paralysis



Paradox of Choice



Paradox of Choice

Iyengar, Jiang, Huberman

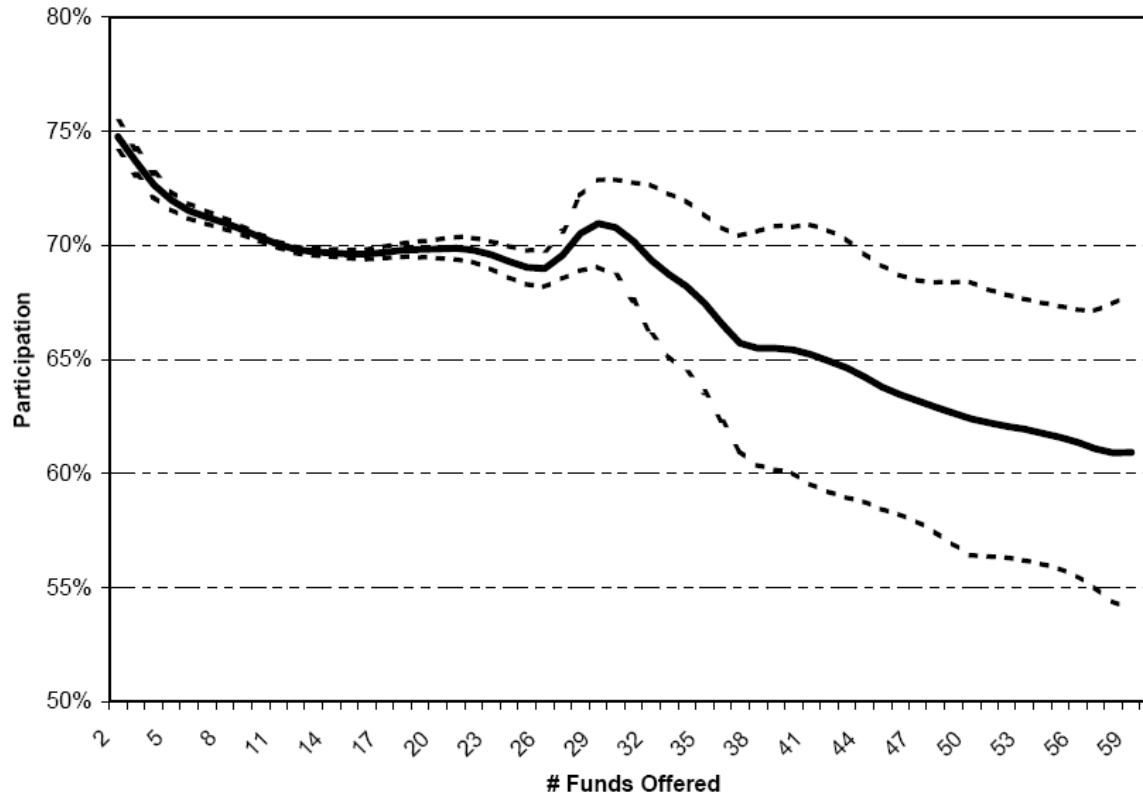


Figure 2. The Relation between Participation and Number of Funds Offered

Naïve Diversification



Naïve Diversification

- Investors tend to follow the $1/N$ rule
- If offered one equity and one debt fund, they will invest 50-50
- If offered three equity funds and one debt fund, they will allocate 75% to equity and 25% to debt.

Home Bias

