# Improving Programmable Thermostats with Less Aggressive Default Setbacks

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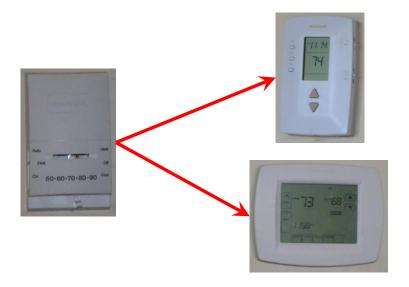
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BECC Conference November 20, 2013 Sacramento, CA

### **Test Building: Multifamily Apartment Near Boston**

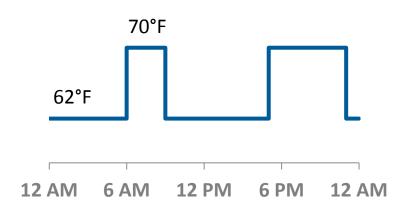






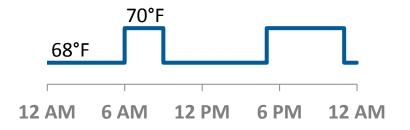


#### **Default Schedules of Programmable Thermostats**



**Too Aggressive?** 

Users abandon energy saving schedules.



More Comfortable?

Users may be more tolerant of settings.

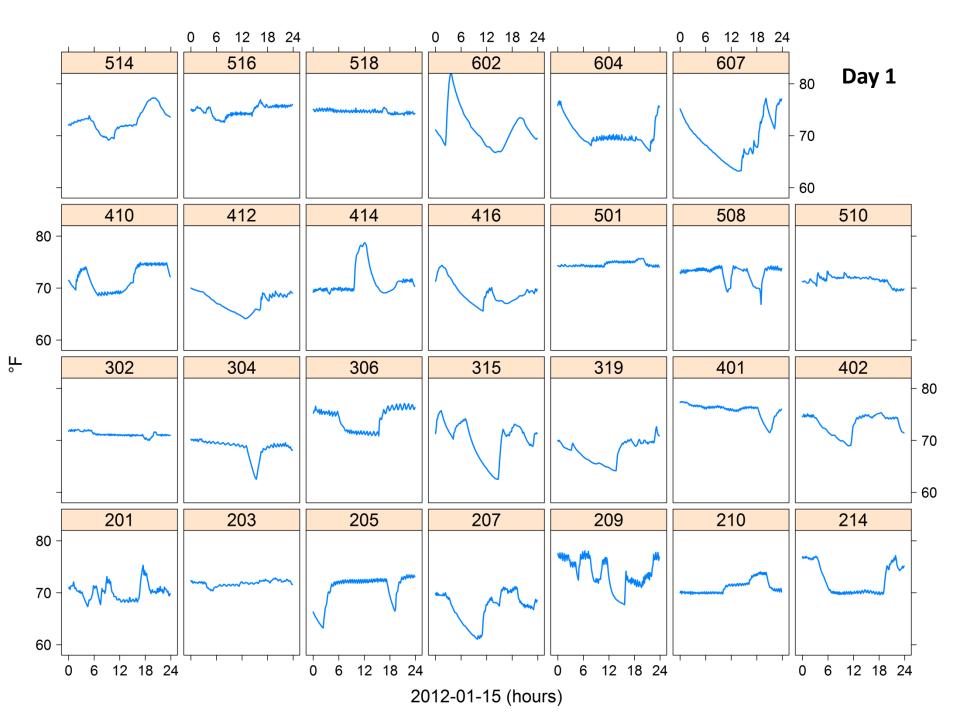


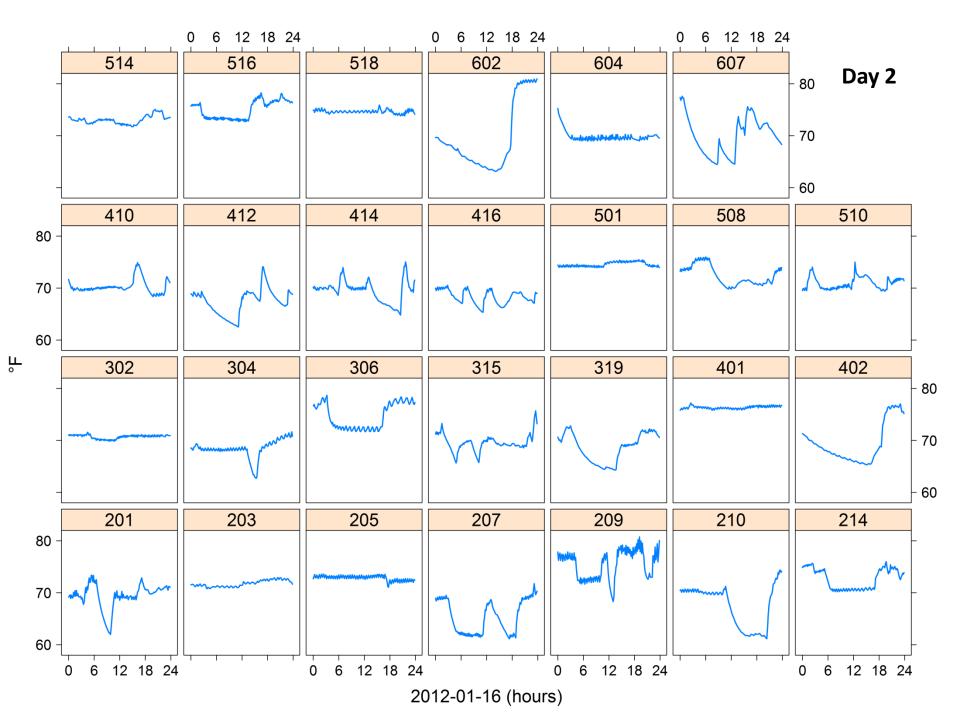
# **Readings from Thermostats at End of Each Experiment**

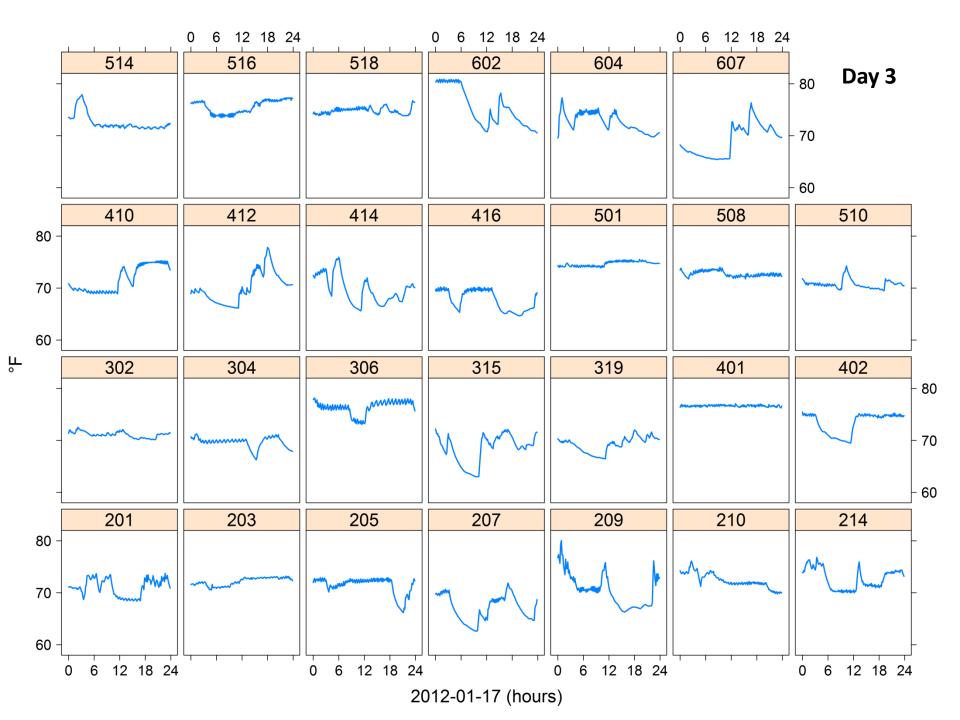
	Year 1	Year 2
	<b>Aggressive Setbacks</b>	<b>Gentle Setbacks</b>
Kept Default Schedules	4	11
Reprogrammed Schedules	24	17
Impossible Schedules	6	1
Mean Setup Temp	73 °F	71 °F
Mean Setback Temp (°F)	70 °F	69 °F

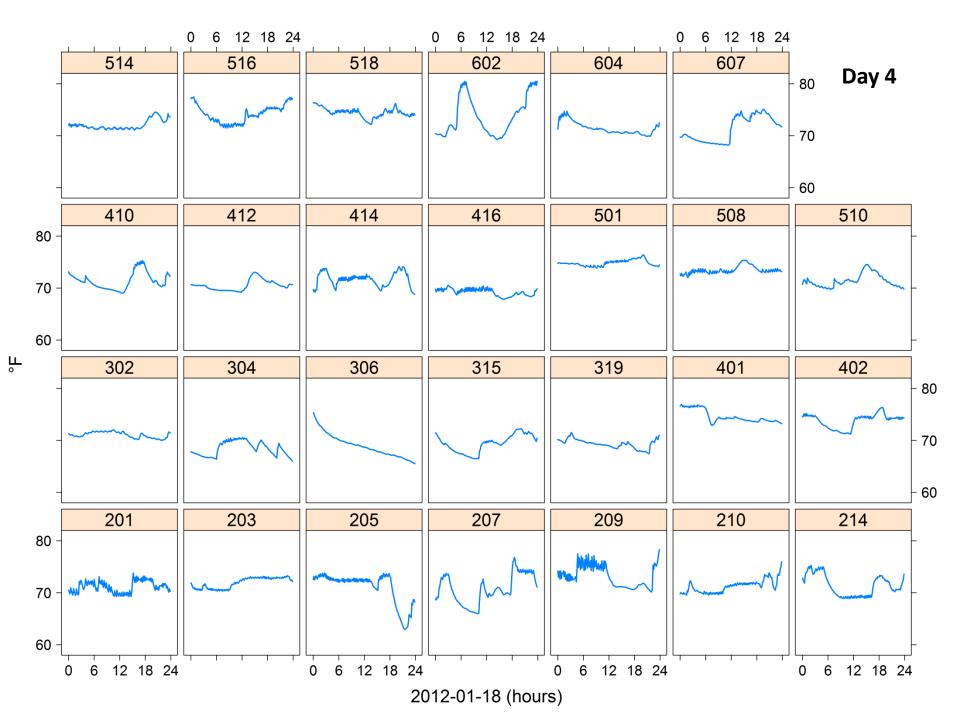


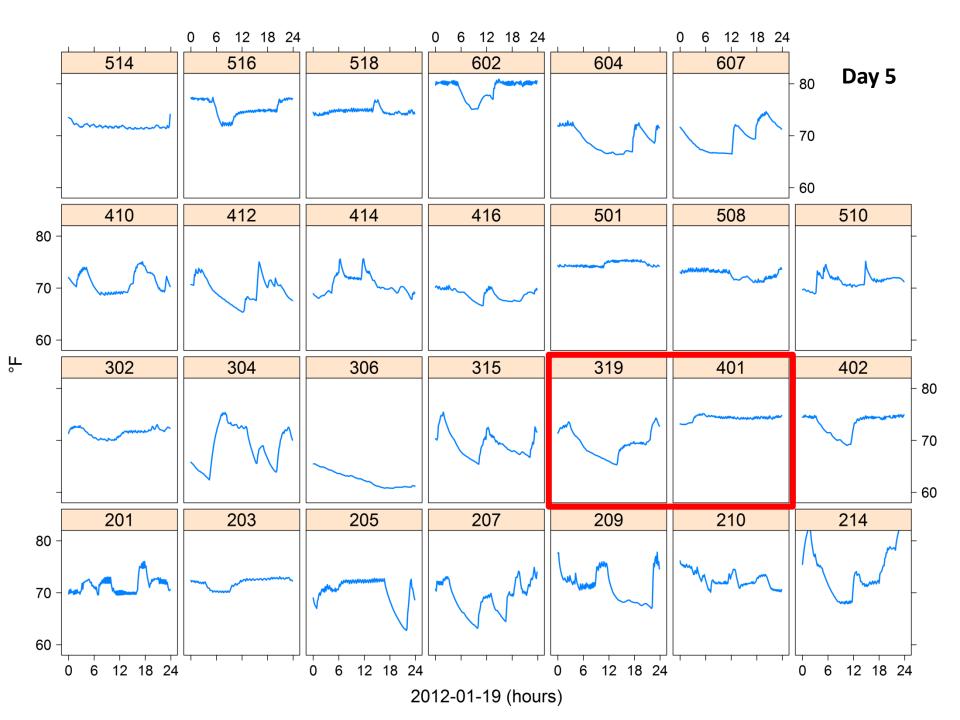
Lesson #1: Lots of Variability (look at the data and ignore basic statistics)

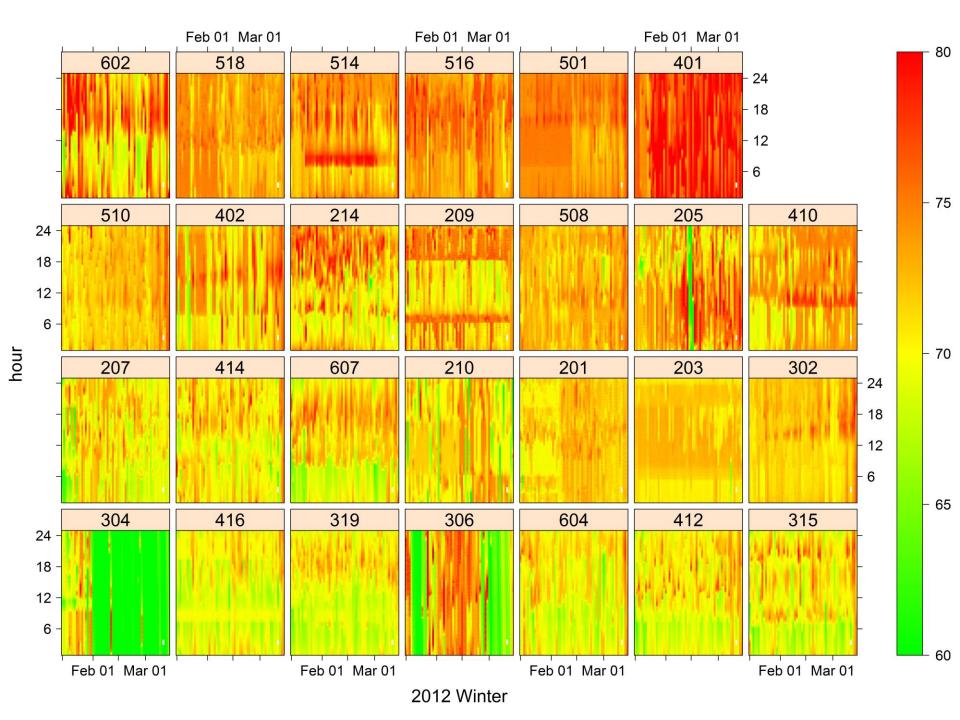


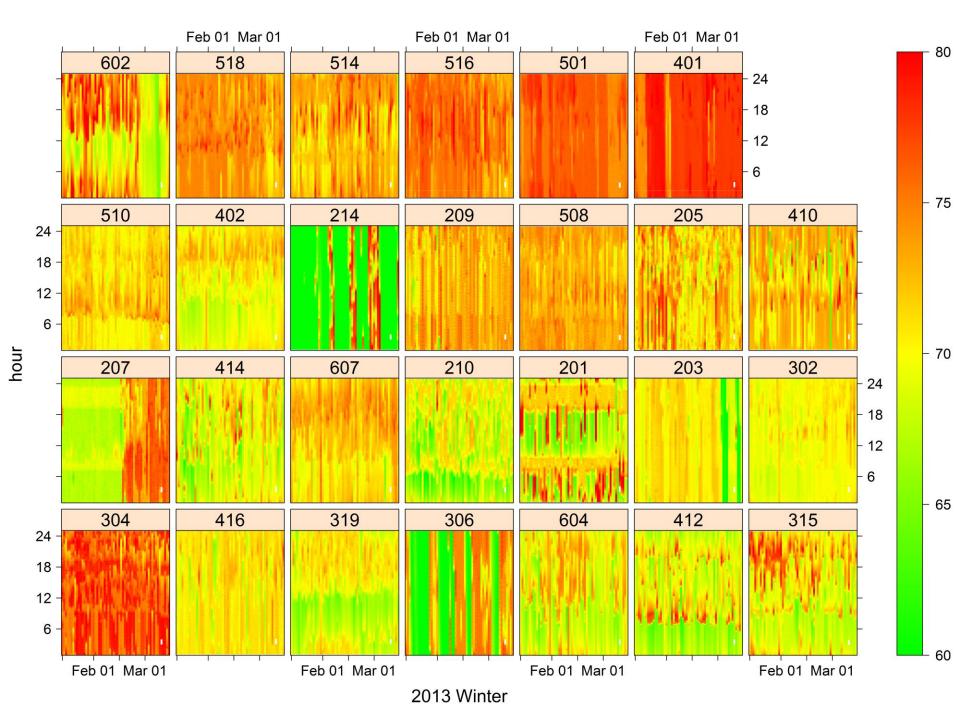












# **Lesson #2:** Look for Similarities in Variability

# **Clustering Rooms by Thermostat Behavior**

	Fixed Setpoints	Setback Schedules
Infrequent manual override		
Frequent manual override		



### **Avg. Temperature by Thermostat Behavior**

**Fixed Setpoints Setback Schedules 72°F** 71°F Infrequent manual override Frequent 71°F **73°F** manual override

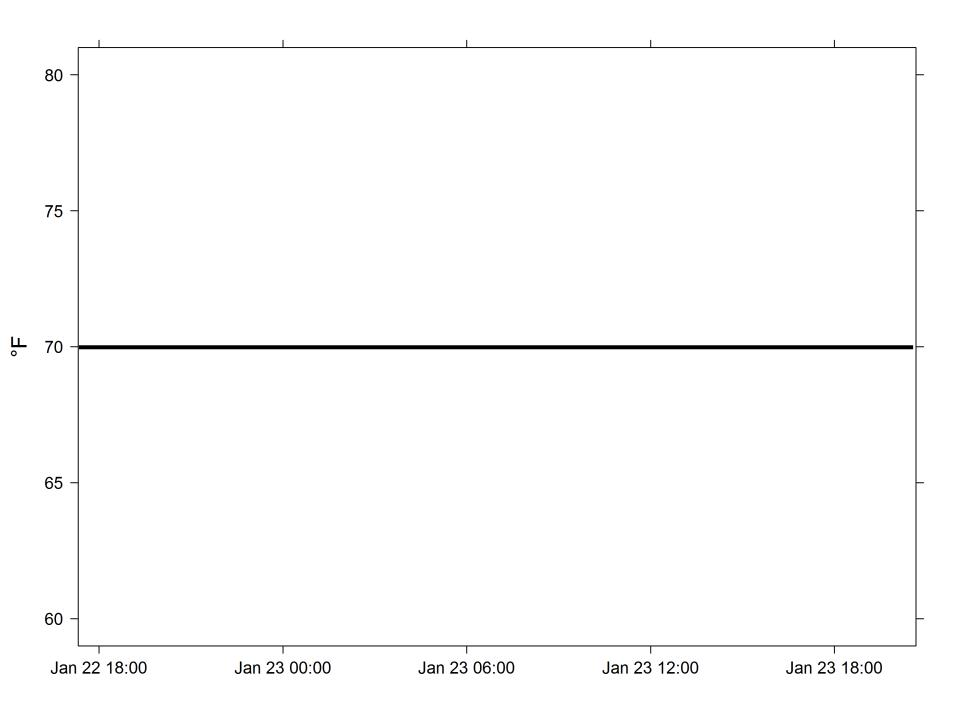


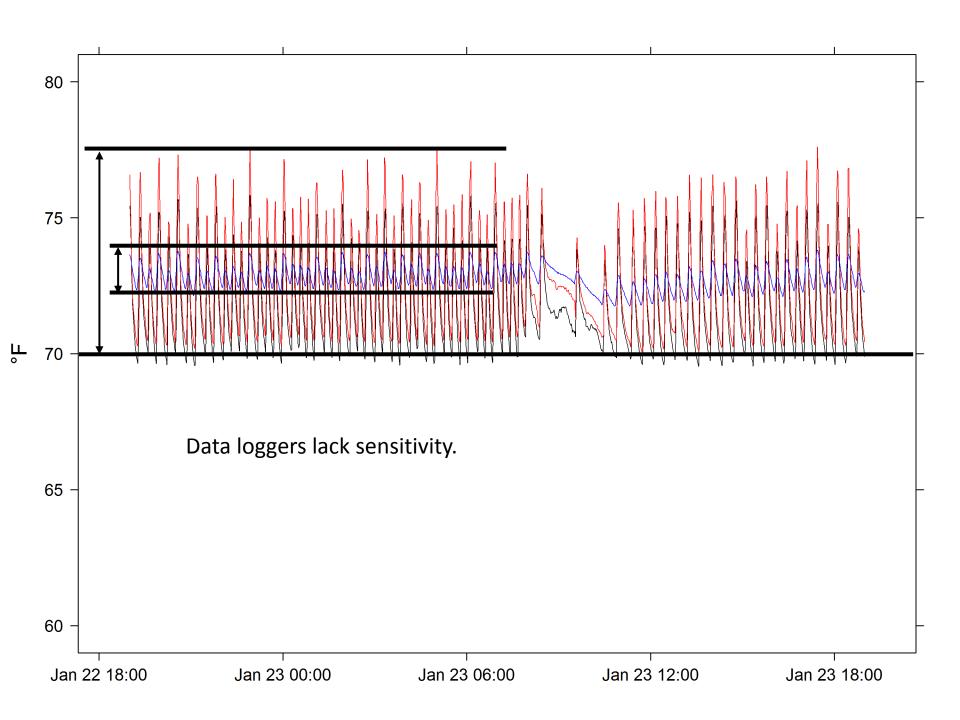
### Avg. Heating Energy Use (therms) by Thermostat Behavior

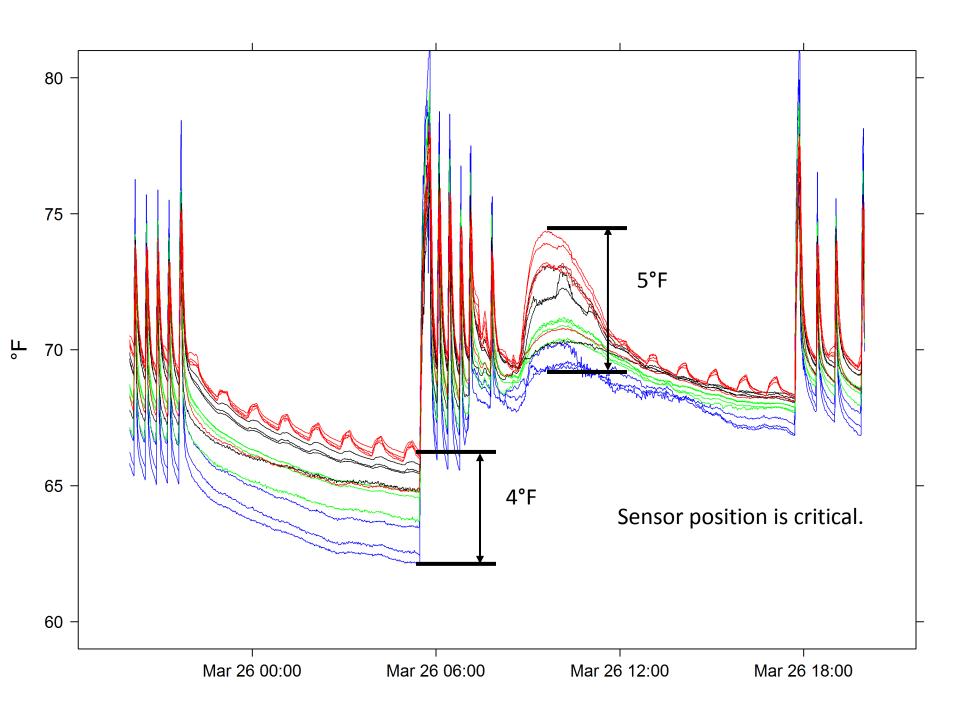
	Fixed Setpoints	Setback Schedules
Infrequent manual override	77	<b>26</b>
Frequent manual override	76	75

Lesson #3: Don't Trust Your Sensors (or your test subjects)



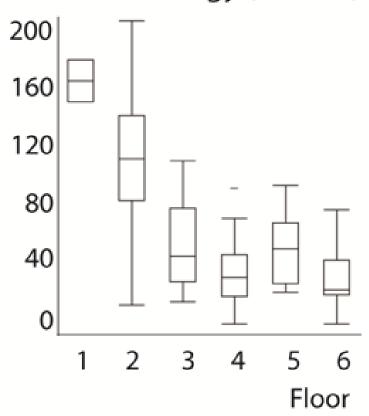






#### Why Does This Matter?

## Observed Energy (therms)



# 10x

variation in heating energy consumption from the lowest to the highest consuming apartments

Touch the thermostat again and see what happens.





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